

Seniors Week on the Surf Coast

7 - 14 October 2018



Remembering Anglesea Sunday 7 October, 2pm



Hear from long term residents and founding members of the Anglesea and District Historical Society, Alan Poidgnester and Dawn Holibone about the history of Anglesea.

Cost: Free
Venue: History House,
5A McMillan St, Anglesea
Phone: Jan Morris 5263 3085

Hosted by Anglesea and District Historical Society

Star of the Sea Art Exhibition Monday 8 - Sunday 14 October, 10am - 3.30pm. Open every day.



Enjoy Star of the Sea's Art Collectives exhibition of creative works and light refreshments.

Please book if you wish to attend as a group. Individuals no bookings required.

Cost: Exhibition free
Light refreshments \$5
Venue: Star of the Sea Community Centre
1 Headland Drive, Torquay
Phone: Pauline Shinkfield
5264 3616

Hosted by Star of the Sea Art Collective

Senior's Festival High Tea Tuesday 9 October, 10.30am



Join this relaxed social gathering to acknowledge the senior members of our community and the enormous contribution they make.

Cost: Free
Venue: Lorne Community House
16 Mountjoy Parade, Lorne
Phone: Corrina Dichiera 5289 4300

Hosted by Lorne Community Hospital

Sharing our History Tuesday 9 October, 11am - 12.30pm session or 12.30 - 2pm session

Participate in a range of interesting and interactive activities including a workshop about sharing the history of objects, and a quiz on unusual museum objects. Includes lunch. Browse the museum anytime during the day.

Please bring along a special object and share its history.

Cost: Gold coin donation.
Venue: History House
5A McMillan St, Anglesea
Phone: Jan Morris 5263 3085

Hosted by Anglesea and District Historical Society Inc.

U3a SurfCoast Open Day Tuesday 9 October, 2 - 4pm



See what U3A Surf Coast has to offer members and the community, and celebrate the opening of their new office.

Cost: Free
Venue: Torquay Senior Citizens
16 Price St, Torquay
Phone: Sue Crowe 0435 374 139

Hosted by U3a SurfCoast

Exercises for Gardeners 6 October, 9-10am

Join local physiotherapist Greg Walsh for a 30 minute session in the 3231 Community Garden to learn exercises beneficial to gardeners, followed by a community garden working bee.

Cost: Free
Venue: Community Garden 3231
2 Fraser Drive, Aireys Inlet
Phone: Leonie Mugavin
0439 359 309

Hosted by Community Garden 3231

Coastal Walk Thursday 11 October, 9am - 11am

Join members of the Life Activities Club for a walk with superb views followed by coffee. Energetic and easy pace walkers welcome.

Meet at Fishermans Beach, Torquay. Walk along coast.

Cost: Free
Venue: Call to confirm attendance and for information on meeting place
Phone: Anne Georgiou
0409 162 102

Hosted by Life Activities Surf Coast Inc.

Forgotten Australians Lecture from VANISH Thursday 11 October 10.00am



Listen to a guest speaker from VANISH talk about about finding former wards of state, de facto adoptees, and those who were placed in institutions or foster care in Victoria.

Cost: Free
Venue: History House,
5A McMillan St, Anglesea
Phone: Jan Morris 5263 3085

Hosted by Anglesea and District Historical Society

Takeaway luncheon and games Friday 12 October, 11.30am - 3pm



Winchelsea Senior Citizens Club invites everyone to join them for a takeaway lunch followed by various games.

Cost: Cost of your choice of takeaway lunch
Venue: Winchelsea Senior Citizens Club
36 Harding St, Winchelsea
Phone: Jean Shinnars 5267 2263

Hosted by Winchelsea Senior Citizens Club

Anglesea Aireys Inlet Senior Citizens Club Open Day Saturday 13 October, 10am - 4pm



See the club, meet members and learn about all the activities and events on offer at Anglesea Aireys Inlet Senior Citizens Club.

Cost: Free
Venue: Anglesea Aireys Inlet Senior Citizens club
3 McMillan Street, Anglesea
Phone: Alex Biewer 5263 1943

Hosted by Anglesea Aireys Inlet Senior Citizens Club

Bathing Box and Marine Display Official Opening Sunday 14 October 2pm



Join members of the Anglesea and District Historical Society to celebrate the official opening and conservation of the last remaining bathing box in Anglesea and the new Marine Display.

Cost: Free
Venue: History House,
5A McMillan St, Anglesea
Phone: Jan Morris 5263 3085

Hosted by Anglesea and District Historical Society

As a Victorian Seniors Card holder you can get out and explore metropolitan Melbourne and regional Victoria during the Festival with free travel from 7 to 14 October 2018. On regional services that don't use myki, show your Victorian Seniors Card to the conductor or bus driver

For more information about Victorian Seniors Festival please visit www.seniorsonline.vic.gov.au/festivalsandawards or contact **Olivia Naughtin** on **5261 0600**