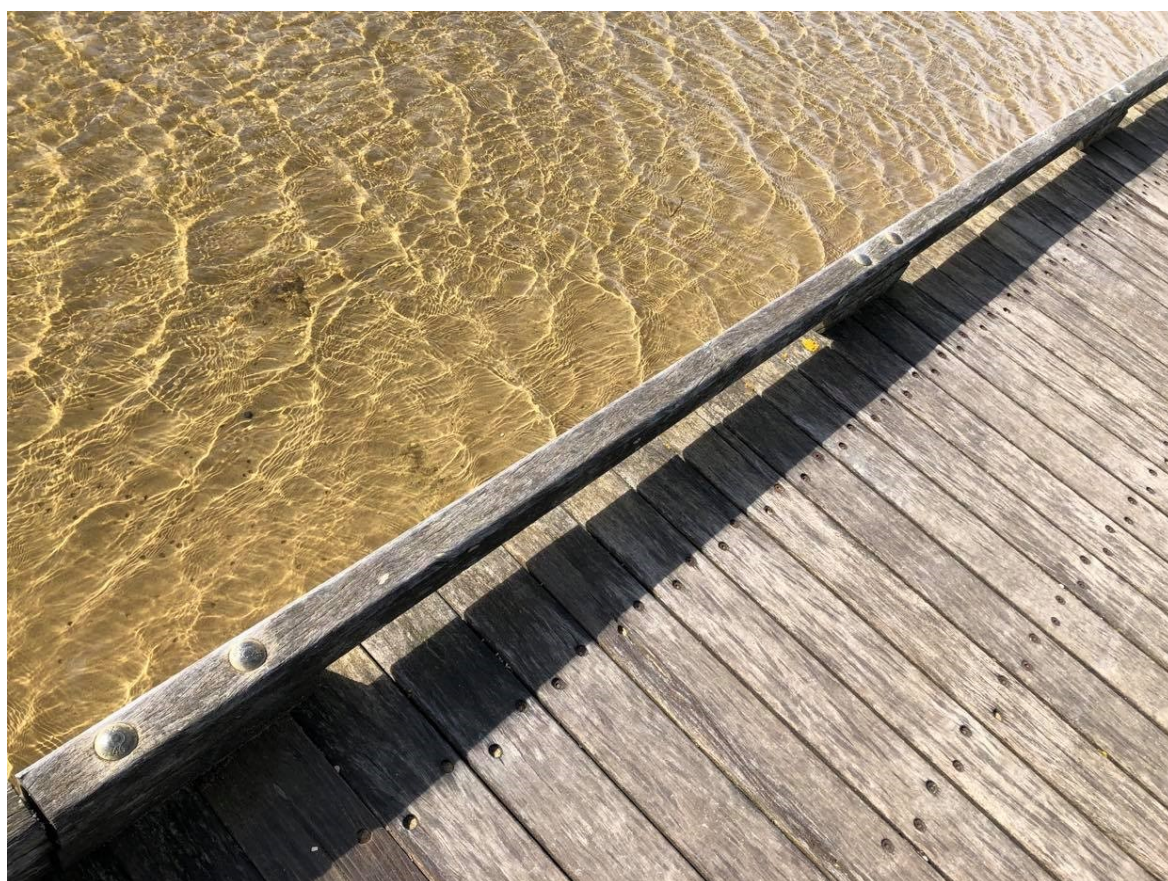# HEALTH AND WELLBEING COMMUNITY ENGAGEMENT REPORT

Health and wellbeing lens on the People Place Future

Community Engagement Results

June 2021

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June 2021

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1. Introduction

The purpose of this report is to provide Surf Coast Shire Council with a better understanding of community members' health and wellbeing priorities and ideas expressed in the People Place Future survey.

The objective is to better understand the individual lifestyle and social and community network elements of health (but not the social determinants of health) and to be able to understand and tell the 'story' of health and wellbeing from the communities' perspectives.

Definitions:

- Throughout this report the 'Community Engagement Report' refers to the 'People, Place Future: Draft Community Engagement Report, 2021' community engagement report
- The Survey refers to the 'People Place Future survey'.

2. Summary

A deeper dive with a health and Wellbeing lens has been completed into the 'People Place Future' engagement survey results. This has provided a greater understanding of the community's views in relation to health and wellbeing than is currently available and documented in the 'Community Engagement Report'. The following topics are covered:

1. **Priorities for health and wellbeing** question "Which of the following areas do you think Council should focus on to improve health and wellbeing of people across the Surf Coast" (12 choices).
2. **Ways Council could further priorities** question "In what way do you think Council could contribute to delivering on your priority health and wellbeing themes".
3. **Community values**
4. **What is your ten-year vision for the Shire?**
5. **Measuring liveability** Care Factor and Place Experience survey questions

Which priorities should Council focus on to improve the health and wellbeing of people across the Surf Coast?

Respondents were asked to select their top 5. **All respondents (around 1,200)** answered this question. In order of ranking the results were:

1. Increasing physical activity and active living
2. Tackling climate change and its impact on health
3. Improving social connection
4. Improving mental health and wellbeing
5. Improving community safety/feeling safe
6. Preventing violence against women and girls
7. Improving access to health services
8. Reducing harm from alcohol consumption and other drugs
9. Increasing healthy eating
10. Improving dental health
11. Reducing harm from smoking
12. Improving sexual and reproductive health

Which priorities should Council focus on to improve health and wellbeing of people across the Surf Coast

Priority	Percentage
Increasing physical activity and active living	59%
Tackling climate change and its impact on health	57%
Improving social connection	54%
Improving mental health and wellbeing	52%
Improving community safety feeling safe	48%
Preventing violence against women and girls	37%
Improving access to health services	35%
Reducing harm from alcohol consumption/other drugs	18%
Increasing healthy eating	18%
Improving dental health	6%
Reducing harm from smoking	5%
Improving sexual and reproductive health	2%
Other - please specify	11%
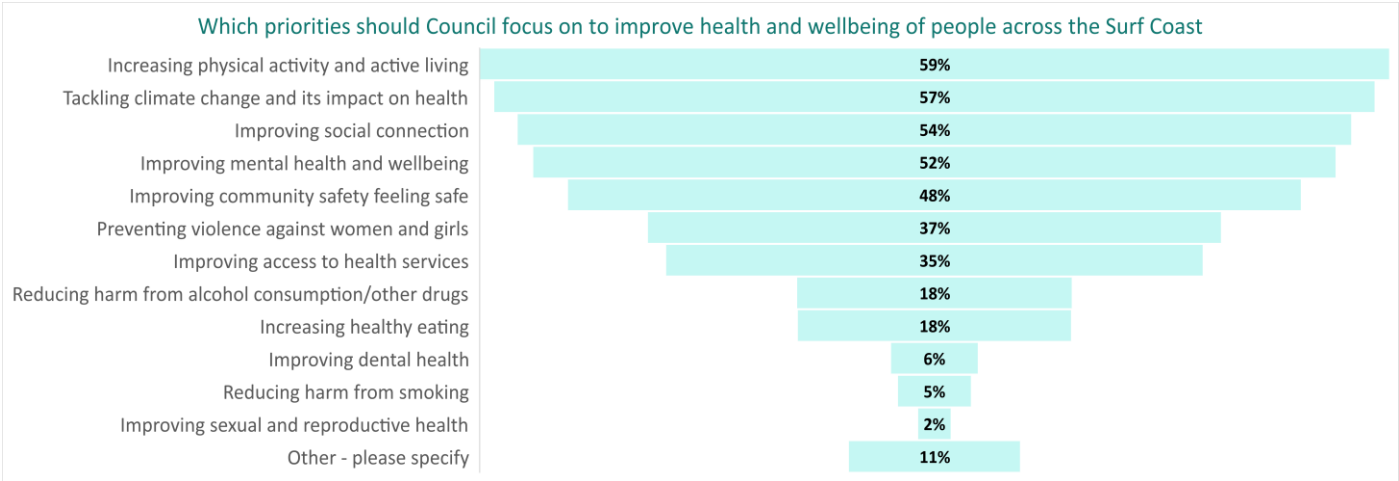
Overall consensus across different communities

Analysis has been completed on the priorities by towns/districts, age group, gender and breakdown by disability/carer and LGBTIQA+ people. The results show a great consistency in response around the top 5 health priorities, with some variations in the order of the top 5 priorities and occasional inclusion of a different priority.

Key points and variations include:
- No.1 for females 'Tackling climate change and its impact on health'
- No.1 for males: 'Increasing physical activity and active living'
- 'Improving social connection' is the top priority for 45–64 year-olds.
- 'Improving community safety, feeling safe' was ranked higher than average for the youngest and oldest age cohort.
- 'Preventing violence against women and girls' was included in the top 5 for:
  - under 25s
  - people with a disability or impairment
  - LGBTIQA+
- Carers presented with order variation 'Improving mental health and wellbeing' as no.1 and 'Improving social connection' as no.2 and 'Improving access to health services' was also included in their top 5.
- Tackling climate change and its impact on health was included in all but Torquay North and Winchelsea's top 3 (but is no. 5 for both).
- Improving community safety, feeling safe was in the top 3 for Moriac and District, Torquay North and Winchelsea.

Geography
The top 3 priorities identified by Surf Coast town or district are:

Aireys Inlet - Fairhaven and District (n=97): Tackling climate change and its impact on health, Improving social connection, Increasing physical activity and active living

Anglesea (n=185): Tackling climate change and its impact on health, Increasing physical activity and active living, Improving mental health and wellbeing

Deans Marsh and District (n=27): Tackling climate change and its impact on health, Improving social connection, equal 3rd: Increasing physical activity and active living, Improving mental health and wellbeing

Jan Juc - Bellbrae - Bells Beach (n=140): Increasing physical activity and active living, Tackling climate change and its impact on health, Improving social connection

Lorne (n=116): Equal 1st -Tackling climate change and its impact on health, Increasing physical activity and active living, Improving social connection

Moriac and District (n=65): Tackling climate change and its impact on health, Increasing physical activity and active living, equal 3rd: Improving mental health and wellbeing, Improving social connection, Improving community safety, feeling safe

Torquay (n=418): Increasing physical activity and active living, equal 2nd: Tackling climate change and its impact on health, Improving mental health and wellbeing

Torquay North (n=91): Increasing physical activity and active living, Improving community safety, feeling safe, Improving social connection

Winchelsea (n=79): Increasing physical activity and active living, Improving social connection, Improving community safety, feeling safe

In what ways do you think Council could contribute to deliver on your priority focus areas?

675 survey respondents (55%) answered this question - with many providing a number of suggestions - resulting in around 1,300 comments attributable to various priorities, themes or topics. Comments are summarised in 4 sections with each including key themes around the way Council could contribute, and specific ideas for action:

1. Council's general role and approach
2. 12 health and wellbeing priority focus areas
3. Across priorities 'Equity and inclusion' and 'Life stages: children, youth and older people'
4. Broader determinants of health

Council's general role and approach

Around 50 respondents questioned Council's role/responsibilities in health and wellbeing matters. Key concerns were that health and wellbeing priorities are State and Federal responsibility, individual responsibility and that Council should concentrate on core business.

Across all topic areas the following emerged as approaches to Council's health and wellbeing priority work:

Leading on health priorities, best practice/role modelling by Council and staff, transparency

Advocating to State and Federal Governments, police, service providers

Providing sporting and community facilities, paths and trails, open space, services, activities

Resourcing grants, funding/other resources for community groups, health and wellbeing activities

Partnering with State and Federal, Department of Health and Human Services, community groups, service providers, health experts, supporting specialist providers/agencies, NGOs, other Councils, public/private

Educating, promoting health and wellbeing information, promoting what is available

Community engagement opportunity for feedback and involvement, listening to all voices, meetings, building trust

Regulating local laws, development, reduce red tape

Strategic thinking Council vision, links between the priorities, critical/consistent consideration of health priorities across all Council work, understanding the issues

Decision making prioritising health and wellbeing priorities, community led solutions, fairness around competing priorities: rural vs coastal and urban issues, all sports vs a pool, sport vs other priorities, creative arts vs. sports

12 health and wellbeing priority focus areas

The key ways respondents think Council could deliver on their priority focus areas are summarised below in priority order. Specific ideas for action suggested by the community are documented under each priority in this report.

Community's TOP 5

Increasing physical activity and active living

Community rated: 1
No. of comments:340

Key themes – ways Council could contribute
- More/improved community facilities – recreation facilities
- Build a pool
- Increase/improve/maintain safe walking and cycling paths for physical activity
- Increase active travel/connection within and between towns
- Environmental open space, increase access and use for physical activity
- Work with others to preserve, protect, improve, maintain National and State parks, beaches etc.
- Support community sporting clubs and physical activity groups
- Support, deliver formal and informal physical activities

Improving social connection

Community rated: 3
No. of comments:138

Key themes – ways Council could contribute
- Foster connection – support vulnerable groups, partnerships
- Community infrastructure – accessible for all, more outdoor spaces to gather, hubs
- Build Arts Centre/arts activities
- Community groups and clubs – support, funding, facilities, collaborations on health priorities
- Activities and events – support and deliver for all ages, abilities, towns, range of activities
- Interconnections with improving mental health and increasing physical activity

Tackling climate change and its impact on health

Community rated: 2
No. of comments:77

Key themes – ways Council could contribute
- Council leadership
- Reduce carbon emissions/increase renewable energy
- Transport -public and electric
- Fire management
- Education
- Recycling
- Sustainable food
- Mental health impacts
- Sustainable housing developments

Improving mental health and wellbeing

Community rated: 4
No. of comments:51

Key themes – ways Council could contribute
- More mental health services and facilities
- Advocating for local services
- Affordable services
- Outreach services
- Identifying those in need
- Information provision about what is available
- Programs, education, training
- Interconnections with other health priorities - climate change, social connections, physical activity

Improving community safety feeling safe

Community rated: 5
No. of comments:47

Key themes – ways Council could contribute
- Advocate for more police to address crimes – theft, graffiti, youth crime
- Connection with increasing population
- Local Laws patrols
- CCTV, lighting,
- Safer roads, bike and walking tracks

Preventing violence against women and girls

Community rated: 6
No. of comments:31

Key themes – ways Council could contribute
- More local services for victims
- Access to local housing/emergency accommodation options
- Education – respectful relationships

Reducing harm from alcohol consumption and other drugs

Community rated: 8
No. of comments:22

Key themes – ways Council could contribute
- Services/programs for alcohol/drug addiction
- Reducing alcohol consumption
- Working with Police
- Alcohol free activities/events
- Link with domestic violence
- Encourage community organisations to have 'Drug and Alcohol' policies

Improving dental health

Community rated: 10
No. of comments:9

Key themes – ways Council could contribute
- More local services - co-located with other facilities, outreach services
- Affordable services - for community on welfare/pension, children

Improving sexual and reproductive health

Community rated: 12
No. of comments:1

Key themes – ways Council could contribute
- Services – contraception availability

Improving access to health services

Community rated: 7
No. of comments:115

Key themes – ways Council could contribute
- Access to more local services
- Increase rural access/outreach
- More doctors/specialists
- Advocate for State and local funding
- Facilities /Services – hospital in Torquay, Aboriginal Medical Services, Community Health Centres
- Co-location/service integration/hubs
- Affordable healthcare – more bulk billing
- Information provision about available services

Increasing healthy eating
Community rated: 9
No. of comments:47

Key themes – ways Council could contribute
- Increase local produce
- Increase access to healthy food through take away, shops, businesses, community groups, event, festivals, markets and schools
- Decrease unhealthy fast/take away food options
- Decrease sugar sweetened beverages
- Food security
- Education/ promotions/events

Reducing harm from smoking

Community rated: 11
No. of comments:6

Key themes – ways Council could contribute
- Services – quit smoking
- Regulations – smoking bans

Life stages

No. of comments:66
Children, youth and older people

Key themes – ways Council could contribute
- Facilities/spaces
- Services
- Community groups
- Activities
- Education

Diversity and inclusion

No. of comments:40
Aboriginal and Torres Strait Islander peoples, socio economic disadvantaged, disability, LGBTIQA+, culturally diverse

Key themes – ways Council could contribute
- Facilities/safe spaces
- Services and support groups
- Programs, events
- Reconciliation
- Working together, engagement, understanding
- Education
- Housing
- Needs identification
- Inclusive and affordable

Broader determinants of health

Broader determinants of health

No. of comments:132

Key themes – ways Council could contribute
- Comments not related to a specific priority across: development/housing, economy, transport, environmental, rural/small communities and education

Community Values – health and wellbeing lens

The survey provided information about the sort of community the respondents value and would want to live in, through the question: 'All of these themes are important to making a great community. Help us prioritise our efforts by sharing your top 5 themes for our future community' There were 23 options to choose from.

This report explores the relationship between the top 10 themes identified for future community and the 12 health and wellbeing priorities. The indication is that work across health and wellbeing priorities connects strongly and could contribute to the sort of community the respondents value and want to live in, with connections across all top themes. Some key connections are:

- The 3rd value is 'Values community health and wellbeing' which connects with all 12 health and wellbeing priorities.
- The 1st, 2nd and 5th values 'Protects and enhances the natural environment', 'Manages growth in a sustainable way' and 'Is reducing its carbon footprint and responding to a changing climate' aligns with 'Tackling climate change and it's impact on health'.

- The 4th value 'Is friendly welcoming and where people look out for each other' is supported in particular by priorities 'Improving social connection', 'Improving mental health' and 'Improving community safety, feeling safe'.

What is your ten-year vision for the Shire? – health and wellbeing lens

The community engagement asked people to help create a long-term vision for the Shire. The free text responses were tagged and themed, with the top 15 themes.

This report explores the connection between the top 15 themes of the ten year vision and the 12 health and wellbeing priorities. It reveals many alignments and potential contributions of health and wellbeing priorities to the top themes of the ten year vision. In particular theme 3 'Healthy and Active lifestyles' connects with all 12 health and wellbeing priorities. Other key alignments were:

- Theme 1 'Unique neighbourhoods and towns': actions under a range of the health and wellbeing priorities could contribute to building on the unique strengths in each town or district.
- Theme 2 'Inclusivity and Social connection' and theme 10 'Values diversity' links with health and wellbeing priorities 'Improving social connection' and 'Improving mental health'.
- Theme 4 'Active, sustainable and public transport' could be contributed to by 'Increasing physical activity and active travel' and 'Tackling climate change and it's impact on health' where respondents identified sustainable transport.
- The vision also includes theme 7 'Action on climate change' aligning directly with 'Tackling climate change and it's impact on health'
- Themes 9, 11-13 'Places and spaces people want to be', 'Quality community facilities' and 'Open green space' and 'Connected to nature' align particularly with 'Increasing physical activity and active travel' and 'Improving social connection' where respondents identified spaces and places as a key way Council could contribute to delivering on these health and wellbeing themes.

Measuring Liveability - place experience analysis

The second half of the People Place Future survey asked respondents to rate 50 attributes across two criteria: Care Factor (values)- what attributes are most important to them (across 5 dimensions) and Place Experience – rating their experience on those attributes (across 9 themes). The 'Community Engagement Report' presents these as 'Liveability Priorities' which allows us to see how the things people care about are performing. This can help focus our efforts on where we can have the most impact.

This report places a health and wellbeing lens on the 'Liveability priorities' by reducing the place attributes to the 23 of most relevance to health and wellbeing. Of the 9 themes, key ones for health and wellbeing specific attributes include Theme 2 Community, Theme 3 Economy, Theme 7 Movement, Theme 8 Open Space and Theme 9 Social facilities and Services.

Township and district snapshots reveal which health and wellbeing attributes each area values and whether they are existing strengths needing protection, or something Council or a partner should invest in/direct attention to as a medium or high priority. This data is presented alongside the health and wellbeing priorities chosen in each area.

Some key points:

- The summaries of community liveability priorities by township or district highlight many health and wellbeing strengths in 6 areas (Aireys Inlet-Fairhaven and District, Anglesea, Jan-Juc-Bellbrae-Bells Beach, Lorne, Torquay, Torquay North) with between 8 and 10 attributes identified to protect and only 2-5 attributes as medium or high priorities.
- This contrasts with Moriac and District and Winchelsea identifiying 15 health and wellbeing attributes as either medium or high priority and a low number of attributes to protect (3 in Moriac and District and 2 in Winchelsea). In Deans Marsh and District, the number of medium and high priorities combined was similar to the number to protect.
- 7 areas identified the liveability attribute 'Sustainable behaviours in the community' as a high priority, Lorne as a medium priority and in Anglesea something to protect. This aligns with potential action under 'Tackling Climate change and its impact on health', the 2nd ranked community health and wellbeing priority with key themes around reducing carbon emissions, sustainable transport, recycling and sustainable food.
- Access to shared community and commercial assets (e.g.library, bike/car share, sport facilities/gyms etc.) was a medium or high priority for 8 areas, while Torquay seeks to protect this. More and improved community infrastructure with access for all for community groups, sport and social activities and events, was a key way respondents identified Council could contribute to the health and wellbeing priorities 'Increasing physical activity and active living' (1st ranked) and 'Improving social connection' (3rd).

Conclusion

The People Place Future Survey has been effective in reaching a large number of Surf Coast community members. The response to the health and wellbeing questions, indicates their interest participating in conversations about health and wellbeing priorities.

Through a health and wellbeing lens this report has captured the demographics of the respondents, the priorities of most importance to them, their views and experience and details of what Council can do to contribute to delivering on the health and wellbeing priorities. There is a general consensus around the top 5 priorities, with views by town and district, gender, age and other cohorts revealing a few local variations. Specific ideas for action have been captured across all priorities.

This analysis also reveals the potential contribution health and wellbeing priorities could make to the sort of community the respondents value and want to live in, and their long term vision for the Shire.

This deeper understanding and detailed information will inform the Surf Coast Shire's Municipal Public Health and Wellbeing Plan (incorporated into the Council Plan) and coinciding action plans.

3. Background

People Place Future

People Place Future is a 2020/2021 Surf Coast Shire Council led project to develop a series of important strategic documents, including a four-year Council Plan incorporating a Health and Wellbeing Plan, a long term Community Vision, a Financial Plan and an Asset Plan.

At the centre of People Place Future is a community engagement program designed to encourage broad participation and seek a diverse range of community views to help inform the plan.

Around 1,200 people took part in the community engagement program to have their say about the future of Surf Coast Shire through a survey, online submissions or in person discussions. It should be noted, a deliberate panel is also currently convening but this project does not include the panel aspect of the community engagement program.

A Community Engagement Report has been produced that summarises the findings of community engagement survey, online submission and in person discussions.

The Community Health and Development Team, responsible for the Municipal Public Health and Wellbeing Plan, would like to gain a deeper understanding of the community's responses in relation to health and wellbeing than is currently available and documented in the 'Community Engagement Report'. A deeper understanding of the community's responses in relation to health and wellbeing is needed to inform an effective Municipal Public Health and Wellbeing Plan and coinciding action plans.

Whilst the People Place Future community engagement collected information on all elements that relate to one's health, this deeper dive will focus on better understanding the individual lifestyle and social and community network elements of health across different segments of the Surf Coast population. It will not provide deeper analysis into the social determinants of health (with the exception of access to health services) such as education, employment, cultural and political environments as that scope is too broad for this project, however comments made across some of these broader areas are included to fully reflect the respondents' views. More about the social determinants of health are already documented in the 'Community Engagement Report'.

Community engagement and data sources

"Between 21 January 2021 and 4 March 2021 Place Score collected Neighbourhood Care Factor surveys, Place Experience Assessments and open-ended answers for Surf Coast using a combination of field and online surveys. The engagement resulted in a representative sample with a 90% confidence level for all age and gender cohorts, with the exception of under 25 years old's" (People Place Future Community Engagement Report March 2021)

The following is a summary of the demographics of survey respondents.

About the respondents
Understanding the demographic mix and representative sampling.

2016 Census
Federal Government ABS data (2016), n = 29,397

Gender
50% 50% 0%

Age
- U25 – 30.3%
- 25-44 – 24.0%
- 45-64 – 28.3%
- 65+ - 17.5%
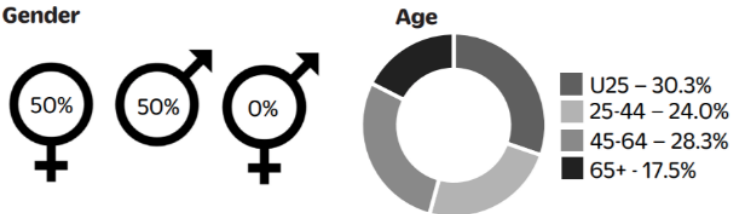
Place Score Engagement (2021)
Care Factor Data (n = 1,125) and Place Experience Data (n=954)

Gender
61% 38% 1%

Age
- U25 – 2.6%
- 25-44 – 27.6%
- 45-64 – 42.4%
- 65+ - 27.5%
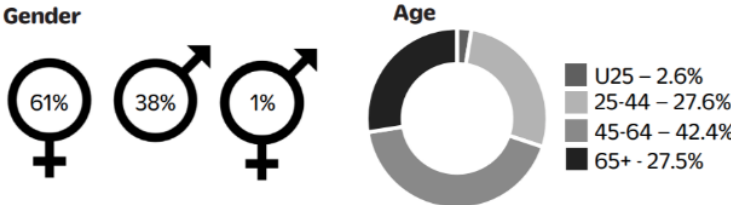
Respondents by Association

Resident	88%
Ratepayer	4%
Worker	12%
Student	1%
Visitor	11%

For both the 'association' and 'attribute' questions, respondents were invited to select all that applied to them.

Other Respondent Attributes (self nominated)

A person who speaks a language other than English at home	5%
A LBGTQI+ person	3%
A member of a community group or club	46%
A person living with a disability or impairment	4%
A carer of a person living with a disability or impairment	5%
An unpaid volunteer through an organisation or group	28%
None of the above	31%

Source: People, Place Future: Draft Community Engagement Report, 2021 p12

4. Priorities for Health and Wellbeing

Overview

The survey asked "Which of the following areas do you think Council should focus on to improve health and wellbeing of people across the Surf Coast" and respondents were asked to select their top 5 health priorities from a list of 12. There was also the opportunity to nominate 'Other' and provide details.
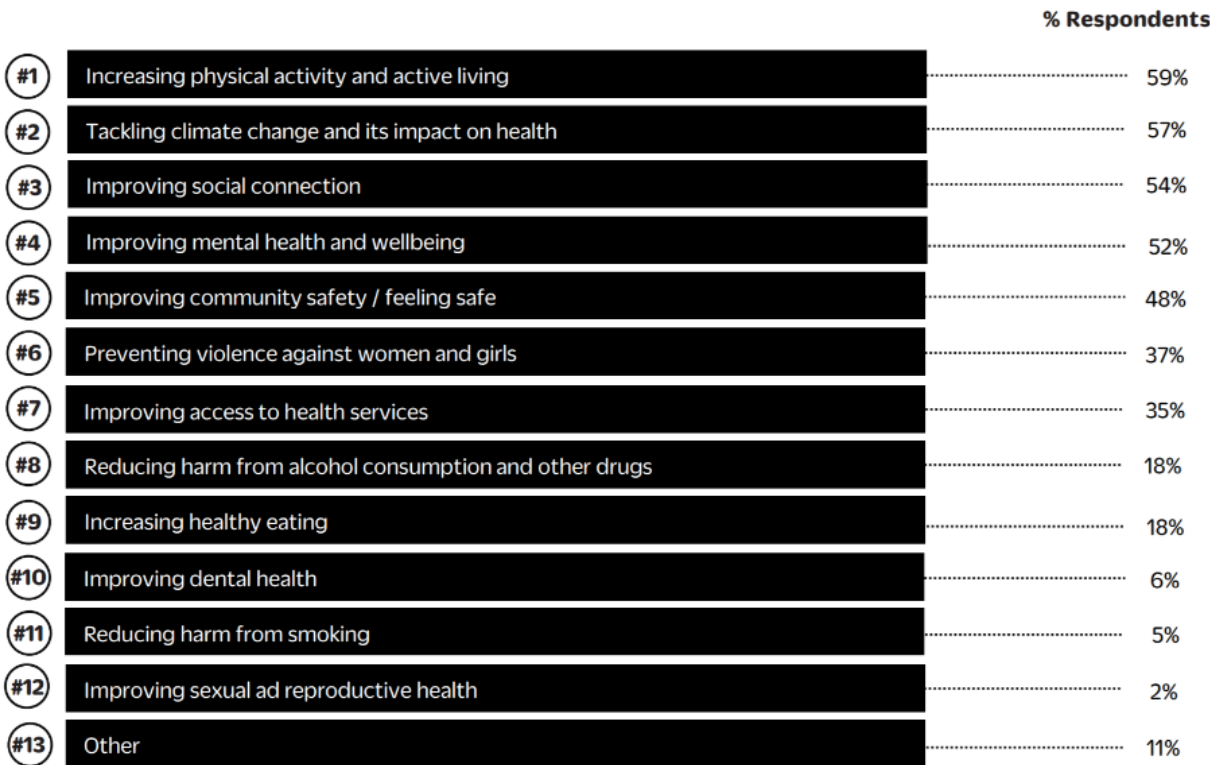
All survey respondents answered this question – 1,218 with the following results. The top 5 priorities are:

1. Increasing physical activity and active living
2. Tackling climate change and its impact on health
3. Improving social connection
4. Improving mental health and wellbeing
5. Improving community safety/feeling safe

Which of the following areas do you think Council should focus on to improve the health and wellbeing of people across the Surf Coast?

|		% Respondents
#1	Increasing physical activity and active living	59%
#2	Tackling climate change and its impact on health	57%
#3	Improving social connection	54%
#4	Improving mental health and wellbeing	52%
#5	Improving community safety / feeling safe	48%
#6	Preventing violence against women and girls	37%
#7	Improving access to health services	35%
#8	Reducing harm from alcohol consumption and other drugs	18%
#9	Increasing healthy eating	18%
#10	Improving dental health	6%
#11	Reducing harm from smoking	5%
#12	Improving sexual ad reproductive health	2%
#13	Other	11%

Source: People, Place Future: Draft Community Engagement Report, 2021 p12

Gender

Key points:

- 462 males completed survey and 738 females. There were 16 nominating prefer not say and 2 prefer to self-identify.
- The overall survey top 5 is reflected in both the male and female choices but the order of priority differs.
- No.1 for females 'Tackling climate change and its impact on health'
- No. 1 for males: 'Increasing physical activity and active living'
- Across all 12 priorities a higher proportion of females nominated 'Tackling climate change and it's impact on health', 'Improving mental health and wellbeing' and 'Improving access to health services'
- A higher proportion of males chose 'Increasing physical activity and active living'
- Priority nos. 6 and 7 for both females and males were 'Improving access to health services' and 'Preventing violence against women'.

Top 5 areas Council should focus on to improve health and wellbeing of people across the Shire, by gender		
	Female	Male
Tackling climate change and its impact on health	1	3
Improving mental health and wellbeing	2	5
Improving social connection	3	2
Increasing physical activity and active living	4	1
Improving community safety feeling safe	5	4
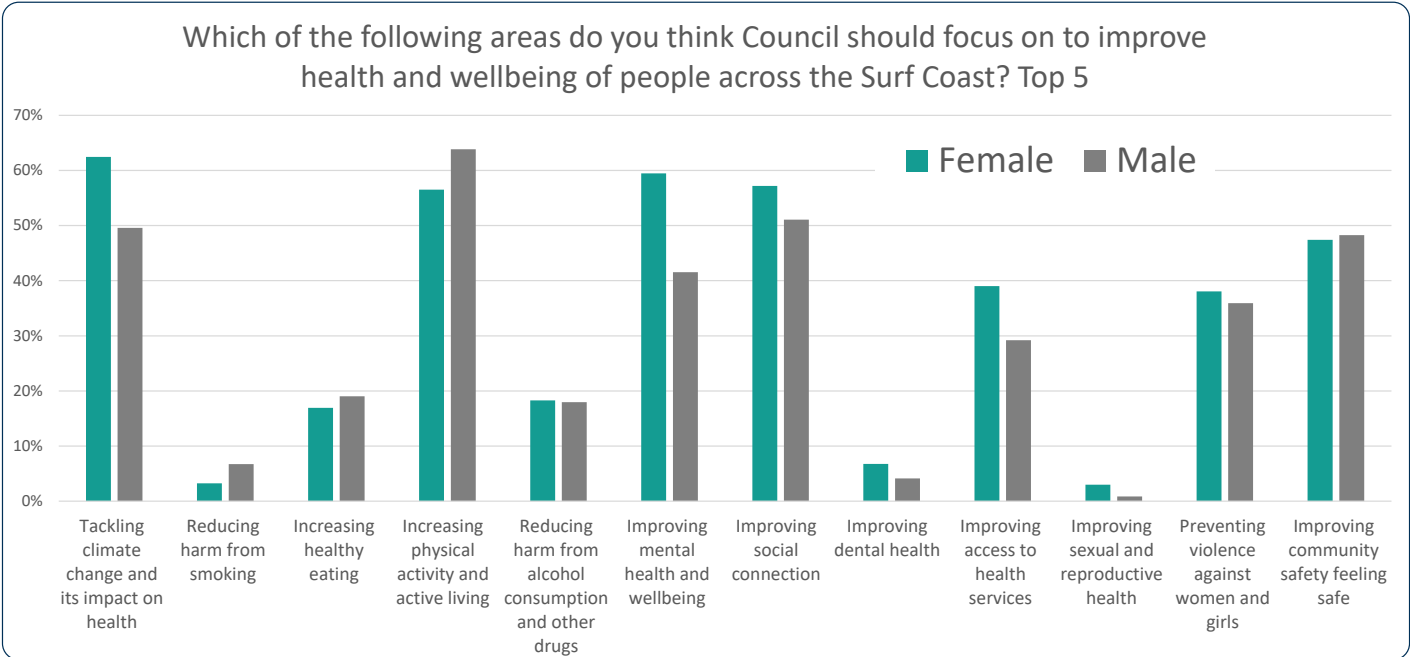
Which of the following areas do you think Council should focus on to improve health and wellbeing of people across the Surf Coast? Top 5

Which of the following areas do you think Council should focus on to improve health and wellbeing of people across the Surf Coast? Top 5	Female	Female	Male	Male
Tackling climate change and its impact on health	461	62%	229	50%
Reducing harm from smoking	24	3%	31	7%
Increasing healthy eating	125	17%	88	19%
Increasing physical activity and active living	417	57%	295	64%
Reducing harm from alcohol consumption and other drugs	135	18%	83	18%
Improving mental health and wellbeing	439	59%	192	42%
Improving social connection	422	57%	236	51%
Improving dental health	50	7%	19	4%
Improving access to health services	288	39%	135	29%
Improving sexual and reproductive health	22	3%	4	1%
Preventing violence against women and girls	281	38%	166	36%
Improving community safety feeling safe	350	47%	223	48%
Other please specify	63	9%	68	15%
Total responses	*3077*		*1769*	

Which of the following areas do you think Council should focus on to improve health and wellbeing of people across the Surf Coast?				
Priority (Top 5 for all respondents)	All	Female	Male	Prefer to self identify/Prefer not to say
Increasing physical activity and active living	722	417	295	10
Tackling climate change and its impact on health	699	461	229	9
Improving social connection	662	422	236	4
Improving mental health and wellbeing	637	439	192	6
Improving community safety feeling safe	582	350	223	9
Preventing violence against women and girls	455	281	166	8
Improving access to health services	426	288	135	3
Reducing harm from alcohol consumption and other drugs	218	135	83	0
Increasing healthy eating	217	125	88	4
Other please specify	136	63	68	5
Improving dental health	69	50	19	0
Reducing harm from smoking	58	24	31	3
Improving sexual and reproductive health	26	22	4	0
Totals	*4907*	*3077*	*1769*	*61*

Age

Key points:

- Respondent numbers are:
  - Under 25 = 37
  - 25-44 = 332
  - 45-64 = 511
  - 65 and over = 338
- All age groups included 'Tackling Climate Change and it's impact on health', 'Improving social connection' 'Increasing physical activity and active living' and 'Improving community safety feeling safe' in their top 5.
- All 25 years and over age groups included 'Improving mental health'.
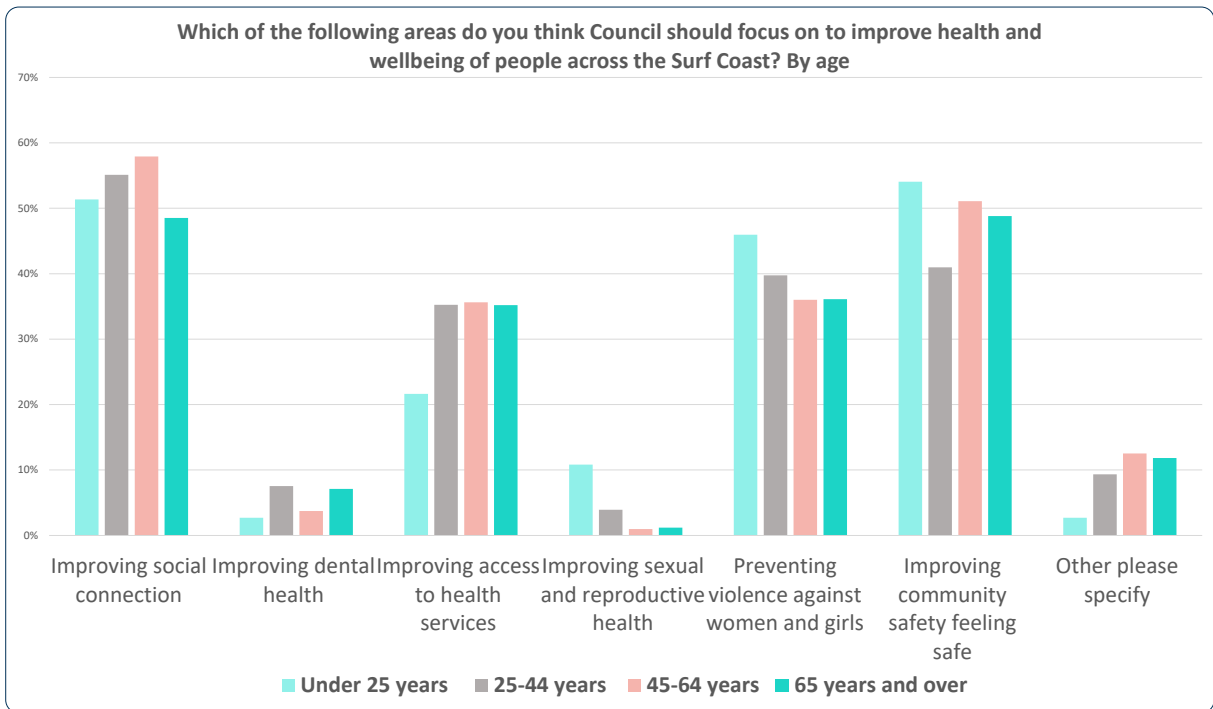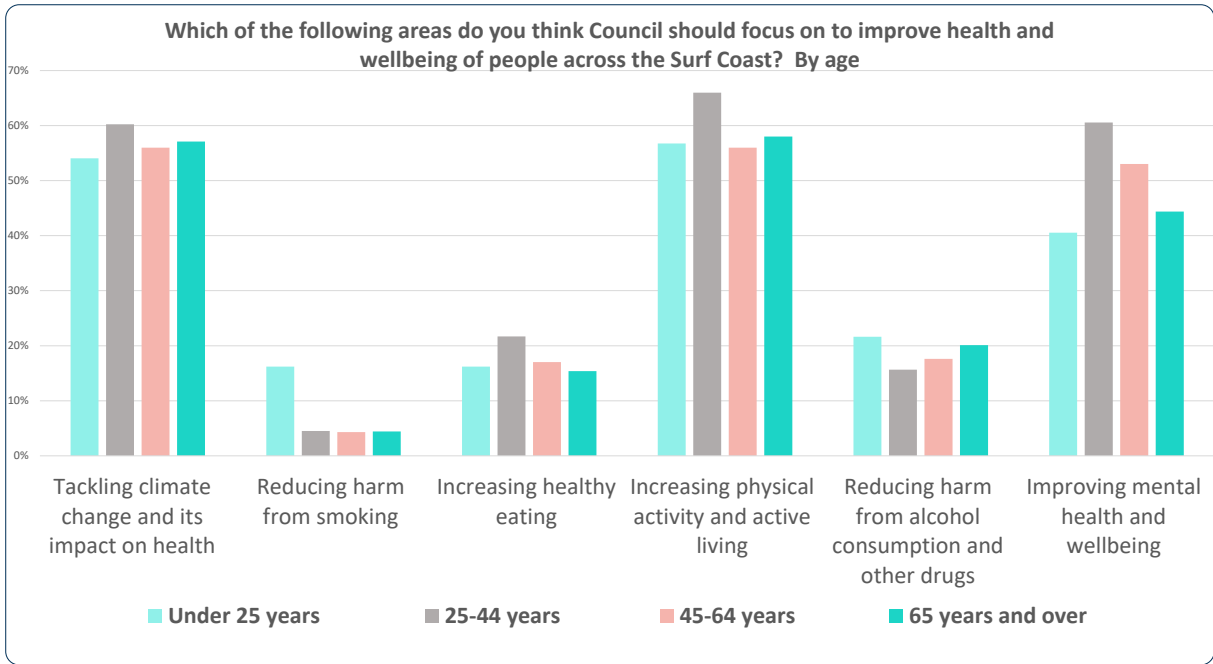- Under 25s included 'Preventing violence against women and girls'.

Top 5 areas Council should focus on to improve health and wellbeing of people across the Shire, by age			
Under 25	**25-44 years**	**45-64 years**	**65 years and over**
1. Increasing physical activity and active living	1. Increasing physical activity and active living	1. Improving social connection	1. Increasing physical activity and active living
Equal 2.Tackling climate change and its impact on health	2. Improving mental health and wellbeing	Equal 2.Tackling climate change and its impact on health	2.Tackling climate change and its impact on health
Equal 2. Improving community safety feeling safe	3.Tackling climate change and its impact on health	Equal 2. Increasing physical activity and active living	Equal 3. Improving social connection
4. Improving social connection	4. Improving social connection	4. Improving mental health and wellbeing	Equal 3. Improving community safety feeling safe
5. Preventing violence against women and girls	5. Improving community safety feeling safe	5. Improving community safety feeling safe	5. Improving mental health and wellbeing

Top 5 areas Council should focus on to improve health and wellbeing of people across the Shire, by age

Age Group		Tackling climate change and its impact on health	Reducing harm from smoking	Increasing healthy eating	Increasing physical activity and active living	Reducing harm from alcohol consumption and other drugs	Improving mental health and wellbeing	Improving social connection	Improving dental health	Improving access to health services	Improving sexual and reproductive health	Preventing violence against women and girls	Improving community safety feeling safe	Other please specify
Number in Top 5		4	0	0	4	0	3	4				1	4	
Under 25 years	No.	20	6	6	21	8	15	19	1	8	4	17	20	1
	%	54%	16%	16%	57%	22%	41%	51%	3%	22%	11%	46%	54%	3%
25-44 years	No.	200	15	72	219	52	201	183	25	117	13	132	136	31
	%	60%	5%	22%	66%	16%	61%	55%	8%	35%	4%	40%	41%	9%
45-64 years	No.	286	22	87	286	90	271	296	19	182	5	184	261	64
	%	56%	4%	17%	56%	18%	53%	58%	4%	36%	1%	36%	51%	13%
65 years and over	No.	193	15	52	196	68	150	164	24	119	4	122	165	40
	%	57%	4%	15%	58%	20%	44%	49%	7%	35%	1%	36%	49%	12%

% is of respondents in that age group

Which of the following areas do you think Council should focus on to improve health and wellbeing of people across the Surf Coast? By age

Which of the following areas do you think Council should focus on to improve health and wellbeing of people across the Surf Coast? By age
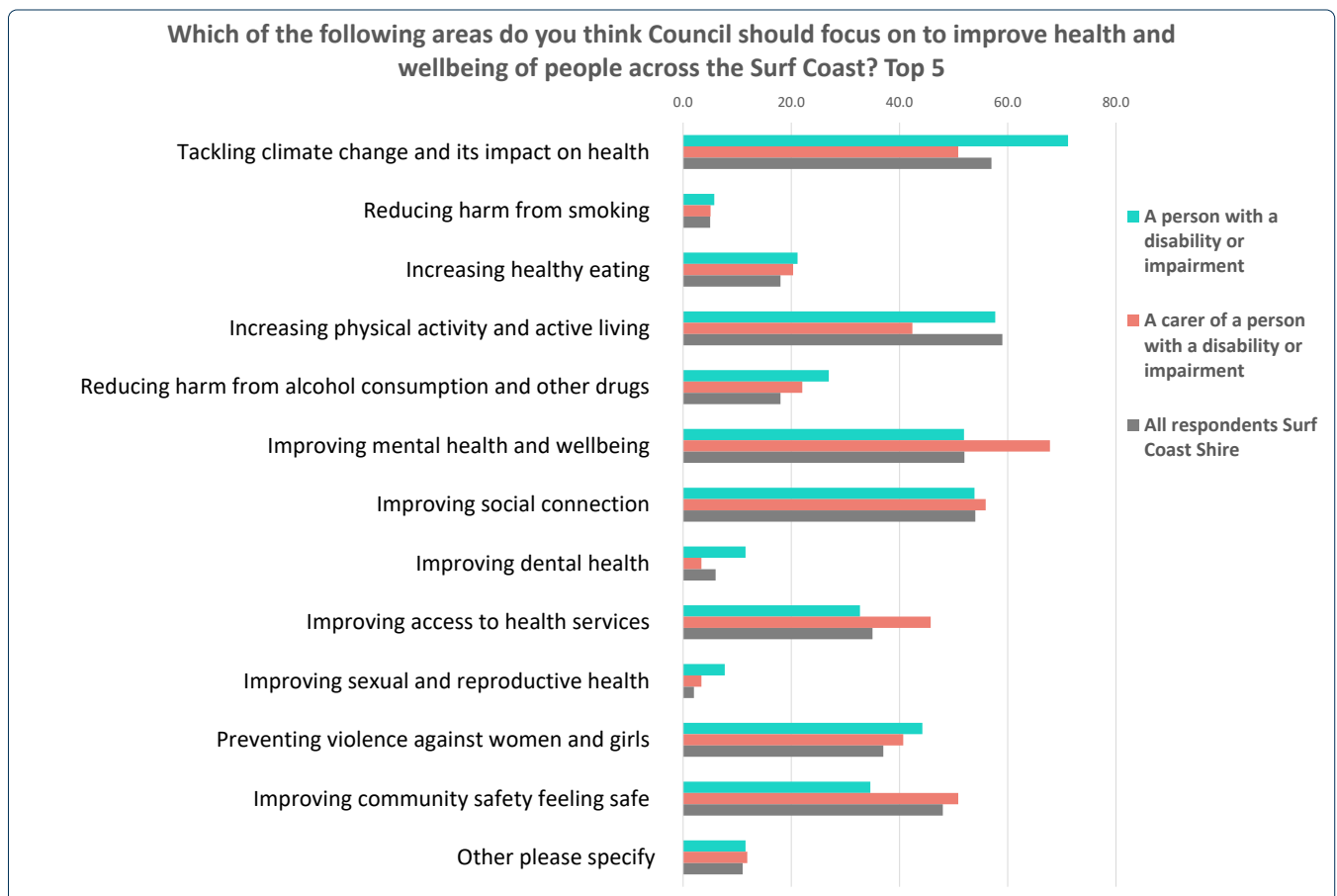
Disability and Carers

Key points:

- 52 people with a disability or impairment and 59 carers of people with a disability or impairment completed the survey.
- For both groups the top 4 aligned with the overall survey results with a similar order for people with disability or impairment but a different order for carers.
- For carers 'Improving mental health and wellbeing' is no.1 and 'Improving social connection' is no.2.
- Each had a different no.5 priority:
- 'Preventing violence against women and girls' for people with a disability or impairment
- 'Improving access to health services' for carers.

A person with a disability or impairment n=52	A carer of a person with a disability or impairment n=59	All respondents
1.Tackling climate change and its impact on health	1. Improving mental health and wellbeing	1. Increasing physical activity and active living
2. Increasing physical activity and active living	2. Improving social connection	2. Tackling climate change and its impact on health
3. Improving social connection	Equal 3rd Tackling climate change and its impact on health	3. Improving social connection
4. Improving mental health and wellbeing	Equal 3rd. Improving community safety feeling safe	4. Improving mental health and wellbeing
5. Preventing violence against women and girls	5. Improving access to health services	5. Improving community safety feeling safe

Which of the following areas do you think Council should focus on to improve health and wellbeing of people across the Surf Coast? Top 5
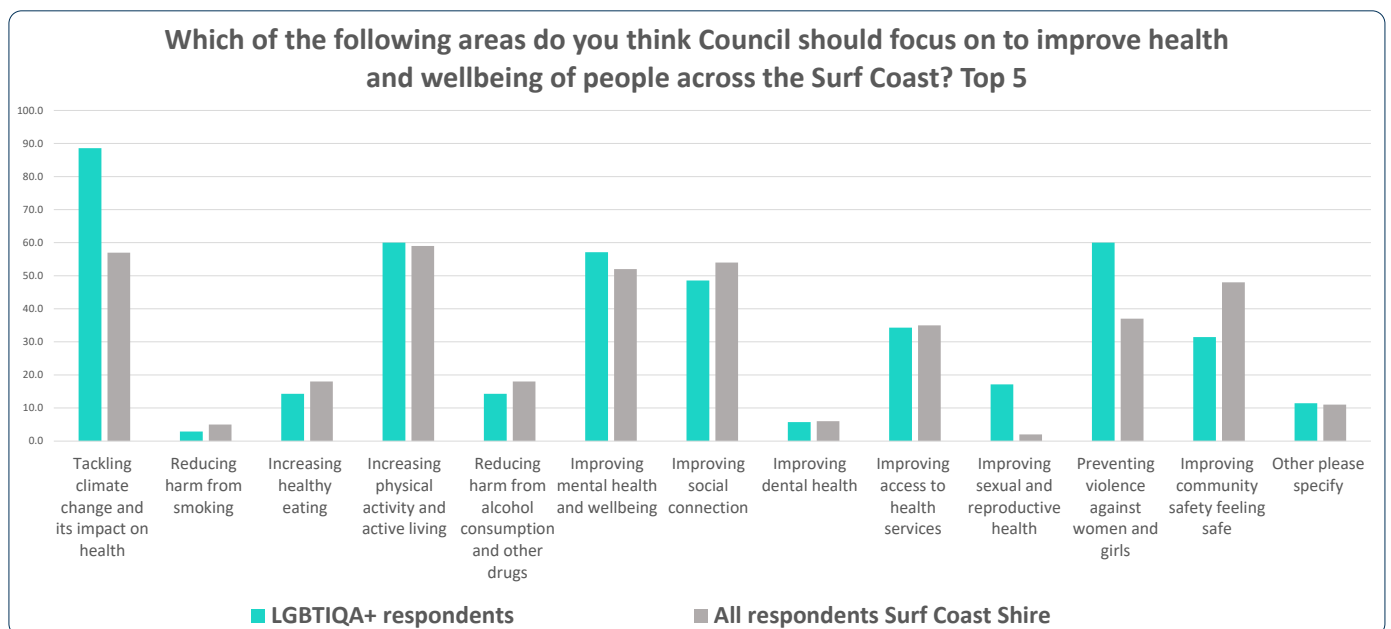
LGBTIQA+

Key points:

- There were 35 LGBTIQA+ respondents
- 4 of the top 5 priorities chosen align with the overall survey results.
- The top 2 are the same but in the reverse order with 'Tackling climate change and its impact on health' significantly higher than the overall proportion.
- One priority in the top 5 is different to the overall survey - 'Preventing violence against women and girls' (no. 3) instead of 'Improving community safety and feeling safe'.

Top 5 areas Council should focus on to improve health and wellbeing of people across the Shire, by LGBTIQA+	
LGBTIQA+ respondents n=35	**All respondents**
1. Tackling climate change and its impact on health	1. Increasing physical activity and active living
2. Increasing physical activity and active living	2. Tackling climate change and its impact on health
3. Preventing violence against women and girls	3. Improving social connection
4. Improving mental health and wellbeing	4. Improving mental health and wellbeing
5. Improving social connection	5. Improving community safety feeling safe

Which of the following areas do you think Council should focus on to improve health and wellbeing of people across the Surf Coast? Top 5

Dominant other themes

There were 136 respondents who nominated "Other – please specify". These comments were across a very broad range of topics – those with 4 or more comments are indicated below. Most of these themes are also raised in the open comment responses to "In what way do you think Council could contribute to delivering on your priority health and wellbeing themes" so will be revisited there.
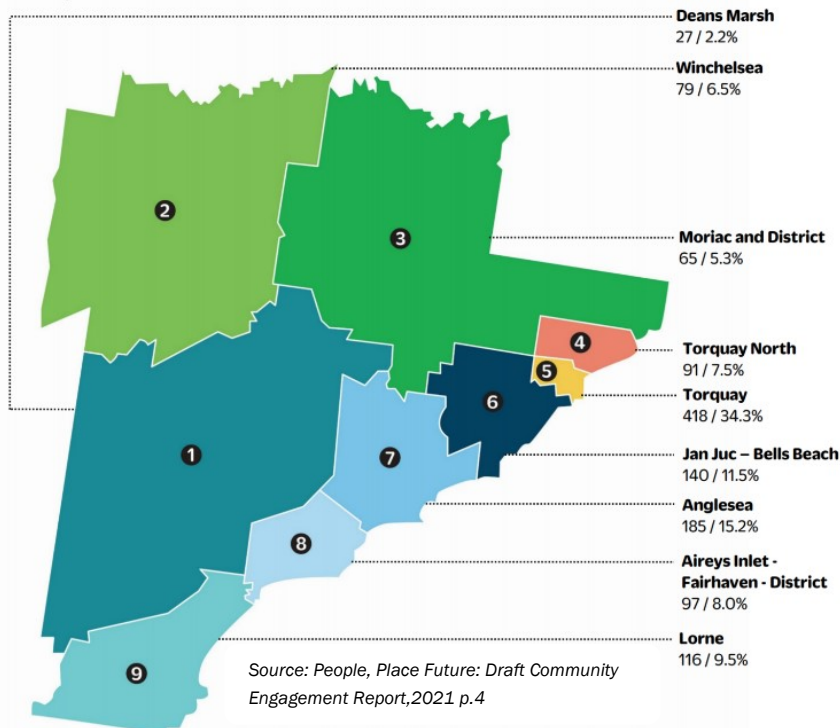
Topic raised	No. of comments	Detail
More/better recreation facilities and paths and trails	32	• Majority of issues already covered in 'Increasing physical activity' priority under recreation facilities and paths and trails: pool, hockey field, safer paths, better and safer bike routes, revamp bike parks, more active transport options, • Access to parks and natural areas – don't lock up for camping and motor sport
Health and wellbeing not Council responsibility	26	• State and Federal Governments are responsible for health and wellbeing matters - leave it to them • Concentrate on core business – roads, rates and rubbish • Let people make own decisions about improving health and wellbeing
Environmental	15	• Bio diversity, animal habitats, wildlife rescue funding, environmental sustainability
Stop overdevelopment	8	• Do not increase housing or population, control housing developments, reduce overtourism, detrimental impact on rural and existing rural lifestyle and impacts physical and mental health. Protect rural lifestyle.
Supporting key groups	11	• Youth: spaces, activities, opportunities • Aboriginal and Torres Strait Islander communities: holistic health offerings, Closing the Gap, improve and leadership inclusion, promote reconciliation • Supporting asylum seekers, refugee communities • Supporting elderly
Housing affordability	6	• Improve access to affordable housing, housing for older women
Support Arts/cultural	5	• Arts Centre, activities, projects
Preventing violence	4	• Against men and boys

Geography

Key points:

- 7 of the 12 health and wellbeing priority focus areas feature in the top 5s for Surf Coast towns and districts.
- All towns and districts had 'Tackling climate change and it's impact on health' or 'Increasing physical activity and active living' as a no.1 focus.
- 'Improving social connection' was equal first for Lorne and no.2 for three towns and districts - and all included this in their top 5.
- 'Improving mental health and wellbeing' was also included by all in their top 5.
- 'Improving community safety, feeling safe' was in the top 3 for Moriac and District, Torquay North and Winchelsea.
- Local variations included:
- 'Preventing violence against women and girls' as a focus area for Aireys Inlet-Fairhaven and District and Jan Juc-Bellbrae-Bells Beach
- 'Improving access to health services' for Deans Marsh and District

Respondents by Place

Deans Marsh
27 / 2.2%

Winchelsea
79 / 6.5%

Moriac and District
65 / 5.3%

Torquay North
91 / 7.5%

Torquay
418 / 34.3%

Jan Juc – Bells Beach
140 / 11.5%

Anglesea
185 / 15.2%

Aireys Inlet -
Fairhaven - District
97 / 8.0%

Lorne
116 / 9.5%

Source: People, Place Future: Draft Community Engagement Report,2021 p.4

Top 5 areas Council should focus on to improve health and wellbeing of people across the Shire, by geographic area

Towns/districts	Tackling climate change and its impact on health	Increasing physical activity and active living	Improving mental health and wellbeing	Improving social connection	Improving community safety feeling safe	Preventing violence against women and girls	Improving access to health services
Aireys Inlet - Fairhaven and District	1	3	5	2		4	
Anglesea	1	2	3	4	5		
Deans Marsh and District	1	equal 3	equal 3	2			5
Jan Juc - Bellbrae - Bells Beach	2	1	4	3		5	
Lorne	equal 1	equal 1	4	equal 1	5		
Moriac and District	1	2	equal 3	equal 3	equal 3		
Torquay	equal 2	1	equal 2	4	5		
Torquay North	5	1	4	3	2		
Winchelsea	5	1	3	2	3		

Top 5 areas Council should focus on to improve health and wellbeing of people across the Shire, by geographic area

Surf Coast area	No. In top 5	Aireys Inlet - Fairhaven and District n=97		Anglesea n=185		Deans Marsh and District n=27		Jan Juc - Bellbrae - Bells Beach n=140		Lorne n=116		Moriac and District n=65		Torquay n=418		Torquay North n=91		Winchelsea n=79	
		No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
Tackling climate change and its impact on health	9	66	68%	117	63%	19	70%	80	57%	62	53%	39	60%	238	57%	45	49%	33	42%
Reducing harm from smoking	0	3	3%	8	4%	1	4%	8	6%	9	8%	1	2%	20	5%	2	2%	6	8%
Increasing healthy eating	0	13	13%	28	15%	4	15%	28	20%	29	25%	13	20%	75	18%	17	19%	10	13%
Increasing physical activity and active living	9	54	56%	110	59%	15	56%	83	59%	61	53%	38	58%	251	60%	61	67%	49	62%
Reducing harm from alcohol consumption and other drugs	0	18	19%	30	16%	4	15%	26	19%	27	23%	6	9%	84	20%	9	10%	14	18%
Improving mental health and wellbeing	9	41	42%	94	51%	15	56%	75	54%	57	49%	34	52%	237	57%	49	54%	35	44%
Improving social connection	9	59	61%	89	48%	18	67%	77	55%	61	53%	34	52%	226	54%	51	56%	47	59%
Improving dental health	0	5	5%	10	5%	0	0%	6	4%	13	11%	3	5%	19	5%	4	4%	9	11%
Improving access to health services	1	36	37%	70	38%	13	48%	42	30%	42	36%	25	38%	133	32%	35	38%	30	38%
Improving sexual and reproductive health	0	2	2%	2	1%	0	0%	1	1%	4	3%	0	0%	12	3%	2	2%	3	4%
Preventing violence against women and girls	1	43	44%	70	38%	7	26%	60	43%	31	27%	19	29%	169	40%	29	32%	27	34%
Improving community safety feeling safe	6	39	40%	87	47%	8	30%	56	40%	46	40%	34	52%	213	51%	53	58%	46	58%
Other please specify		7	7%	17	9%	3	11%	20	14%	19	16%	6	9%	46	11%	8	9%	10	13%

Top 3 Health and Wellbeing Priorities, by Town or District, by demographics							
Surf Coast region	All	Females	Males	Under 25	25-44	45-64	65 and over
Aireys Inlet - Fairhaven and District n=97	Tackling climate change and its impact on health	Tackling climate change and its impact on health	Tackling climate change and its impact on health	n=2	n=6	Tackling climate change and its impact on health	Tackling climate change and its impact on health
	Improving social connection	Improving social connection	Increasing physical activity and active living			Improving social connection	Improving social connection
	Increasing physical activity and active living	Increasing physical activity and active living	Improving social connection			Increasing physical activity and active living	Increasing physical activity and active living
Anglesea n=185	Tackling climate change and its impact on health	Tackling climate change and its impact on health	Increasing physical activity and active living	n=2	Improving mental health and wellbeing	Tackling climate change and its impact on health	Tackling climate change and its impact on health
	Increasing physical activity and active living	Improving mental health and wellbeing	Tackling climate change and its impact on health		Tackling climate change and its impact on health	Equal 2nd: •Improving mental health and wellbeing •Improving social connection, •Improving community safety feeling safe	Increasing physical activity and active living
	Improving mental health and wellbeing	Equal 3rd: •Increasing physical activity and active living •Improving social connection	Improving community safety, feeling safe		Increasing physical activity and active living		Improving community safety feeling safe
Deans Marsh and District n=27	Tackling climate change and its impact on health	Tackling climate change and its impact on health	n=7	n=0	n=3	Tackling climate change and its impact on health	n=6
	Improving social connection	Improving social connection				Improving social connection	
	Equal 3rd •Increasing physical activity and active living •Improving mental health and wellbeing	Equal 3rd •Increasing physical activity and active living •Improving mental health and wellbeing				Improving mental health and wellbeing	
Jan Juc - Bellbrae - Bells Beach n=140	Increasing physical activity and active living	Improving social connection	Tackling climate change and its impact on health	n=7	Improving mental health and wellbeing	Increasing physical activity and active living	Increasing physical activity and active living
	Tackling climate change and its impact on health	Increasing physical activity and active living	Increasing physical activity and active living		Improving social connection	Equal 2nd: •Improving social connection •Tackling climate change and its impact on health	Equal 2nd: •Tackling climate change and its impact on health •Improving mental health and
	Improving social connection	Improving mental health and wellbeing	Preventing violence against women and girls		Tackling climate change and its impact on health		
Lorne n=116	Equal 1st: •Tackling climate change and its impact on health •Increasing physical activity and active living •Improving social connection	Tackling climate change and its impact on health	Improving social connection	n=0	Improving social connection	Improving social connection	Tackling climate change and its impact on health
		Improving mental health and wellbeing	Increasing physical activity and active living		Improving mental health and wellbeing	Equal 2nd: •Increasing physical activity and active living •Improving mental health and wellbeing	Increasing physical activity and active living
		Improving social connection	Improving community safety, feeling safe		Improving access to health services		Improving mental health and wellbeing

Top 3 Health and Wellbeing Priorities, by Town or District, by demographics							
Surf Coast region	All	Females	Males	Under 25	25-44	45-64	65 and over
Moriac and District n=65	Tackling climate change and its impact on health	Improving mental health and wellbeing	Increasing physical activity and active living	n=2	Tackling climate change and its impact on health	Increasing physical activity and active living	Tackling climate change and its impact on health
	Increasing physical activity and active living	Tackling climate change and its impact on health	Equal 2nd: • Tackling climate change and its impact on health • Improving community safety feeling safe		Equal 2nd: • Increasing physical activity and active living • Improving mental health and wellbeing • Improving social connection	Equal 2nd: • Improving mental health and wellbeing • Improving community safety, feeling safe	Improving social connection
	Equal 3rd: • Improving mental health and wellbeing • Improving social connection • Improving community safety, feeling safe	Equal 3rd: • Increasing physical activity and active living • Improving social connection					Equal 3rd: • Improving mental health and wellbeing • Improving community safety feeling safe
Torquay n=418	Increasing physical activity and active living	Tackling climate change and its impact on health	Increasing physical activity and active living	Equal 1st: • Increasing physical activity and active living • Improving mental health and wellbeing • Improving social connection	Increasing physical activity and active living	Improving social connection	Improving community safety, feeling safe
	Equal 2nd: • Tackling climate change and its impact on health • Improving mental health and wellbeing	Improving mental health and wellbeing Increasing physical activity and active living	Improving social connection Improving community safety, feeling safe		Improving mental health and wellbeing Tackling climate change and its impact on health	Tackling climate change and its impact on health Increasing physical activity and active living	Increasing physical activity and active living Improving social connection
Torquay North n=91	Increasing physical activity and active living	Increasing physical activity and active living	Increasing physical activity and active living	n=3	Increasing physical activity and active living	Improving social connection	Increasing physical activity and active living
	Improving community safety, feeling safe	Improving mental health and wellbeing	Improving community safety, feeling safe		Improving community safety, feeling safe	Equal 2nd: • Improving mental health and wellbeing • Increasing physical activity and active living	Equal 2nd: • Improving mental health and wellbeing • Improving community safety feeling safe
	Improving social connection	Improving community safety, feeling safe	Improving social connection		Improving social connection		
Winchelsea n=79	Increasing physical activity and active living	Equal 1st: • Improving social connection • Improving community safety, feeling safe	Increasing physical activity and active living	n=3	Increasing physical activity and active living	Improving social connection	Increasing physical activity and active living
	Improving social connection	Increasing physical activity and active living	Improving social connection		Improving community safety, feeling safe	Improving mental health and wellbeing	Improving community safety, feeling safe
	Improving community safety, feeling safe	Improving mental health and wellbeing	Improving community safety, feeling safe		Improving social connection	Tackling climate change and its impact on health	Improving social connection

5. Ways Council could contribute to delivering on priority health and wellbeing themes

Introduction

The survey asked "In what way do you think Council could contribute to delivering on your priority health and wellbeing themes".

675 survey respondents (55%) answered this question - with many providing a number of suggestions - resulting in around 1,300 comments attributable to various priorities, themes or topics.

The results will be presented in 5 parts:

1. **Theme/topic overview**

2. **Council's role and approach**
   - Summary
   - Details including ideas for action

3. **12 Health and Wellbeing Priority focus areas**
   Presenting the ways respondents think Council could contribute to delivering on priority focus areas where comments had a direct link to a particular priority:
   - Summary
   - Details including ideas for action

4. **Across the priorities**
   Placing some alternative lens across all comments:
   - **Diversity and inclusion:** Aboriginal and Torres Strait Islander peoples, socio economic disadvantaged, Disability, LGBTIQA+, Culturally and linguistically diverse
   - **Life stages:** Children, youth and older people

5. **Broader determinants of health**
   While these are not a focus for detailed analysis in this report, the community identified some of these in their answers, so a summary is included.

Theme/topic overview

Respondents provided a large range of comments on the way they think Council could contribute to delivering on their priority health and wellbeing themes, as indicated in the table below.

This included comments made about the specific health and wellbeing priorities, as well as some broader determinants of health. A 'life stages' and 'diversity and inclusion' lens was also placed across all comments to add another layer of analysis. Governance and Council approaches to the work also emerged as an overarching theme.

Note, where comments relate to more than one topic, they are counted more than once e.g. 'life stages' and 'diversity and inclusion' include comments that were also relevant to specific health and wellbeing priorities.

In what way do you think Council could contribute to delivering on your priority health and wellbeing themes	
	No. of comments
Increasing physical activity and active living	340
Governance and Approaches	170
Improving social connection	138
Broader determinants of health	132
Improving access to health services	115
Tackling climate change and its impact on health	77
Life Stages: Children, Youth, Older people	66
Improving mental health and wellbeing	51
Increasing healthy eating	47
Improving community safety feeling safe	47
Diversity and inclusion	40
Preventing violence against women and girls	31
Reducing harm from alcohol consumption and other drugs	22
Improving dental health	9
Reducing harm from smoking	6
Improving sexual and reproductive health	1
Total (note where comments relate to more than one topic they are counted more than once)	1,292

While all topics had sub-topics as documented in the detailed tables in the following sections of this report, the top 4 had distinct sub-topics that were counted, so are included here as further detail.

Governance and approaches	
Council's role	47
Council approaches to work	30
Community engagement	24
Education, promotions, information	69
	170

Broader determinants of health	
Development/Housing	46
Economy	24
Transport	19
Environmental	17
Rural/small communities	17
Education	9
	132

Physical activity and active Living	
General	25
Sports facilities	139
Paths and trails	70
Activities	40
Environmental open space	34
Recreation/sporting groups	32
	340

Improving Social Connection	
General	34
Community facilities	32
Activities	45
Community groups	27
	138

Council's role and approach

Council's role: around 50 respondents questioned Council's role/responsibilities in Health and Wellbeing matters. Key concerns were that priorities are State and Federal responsibility, individual responsibility and that Council should focus on core business and where it can make a difference. This was also raised within the 'other' theme around top health priorities.

Emerging approaches and governance: responses about the way the community thinks Council could contribute to delivering on their priority health and wellbeing themes raised many comments around approaches and governance which can be summarised as follows. These reflect comments within and across priority areas – particularly drawing on the table which follows.

Leading on health priorities, best practice/role modelling by Council and staff, transparency

Advocating to State and Federal Governments, police, service providers

Providing sporting and community facilities, paths and trails, open space, services, activities

Resourcing grants, funding/other resources for community groups, health and wellbeing activities

Partnering with State and Federal, Department of Health and Human Services, community groups, service providers, health experts, supporting specialist providers/agencies, NGOs, other Councils, public/private

Educating, promoting health and wellbeing information, promoting what is available

Community engagement opportunity for feedback and involvement, listening to all voices, meetings, building trust

Regulating local laws, development, reduce red tape

Strategic thinking Council vision, links between the priorities, critical/consistent consideration of health priorities across all Council work, understanding the issues

Decision making prioritising health and wellbeing priorities, community led solutions, fairness around competing priorities: rural vs coastal and urban issues, all sports vs a pool, sport vs other priorities, creative arts vs. sports

Governance and approaches

Essence of theme		Ideas for action
Council's role	• Not Council's responsibility to address these– State and Federal responsible for health • Priorities not achievable/outside control of Local Government • Focus on things Council can actively influence/deliver • Some priorities are individual responsibility not Council	• Why is this a council issue? Health is the responsibility of the federal & state governments • Lobbying State Government as they are the providers • Obtain more financial support from State and Federal governments. • By supporting specialist providers – not by becoming a provider itself. • Investigate private/public partnerships • Partner with the organisations that are best placed to deliver these programs and services. Don't try to duplicate what already exists.I am concerned that many of the options e.g. dental health are not really achievable by Local Government – so why waste resources on these. Stick to things Local Government can actively influence • Stay on council issues rates roads rubbish • Council should focus on matters that they can control such as parks, playgrounds, bike paths, streetscapes and parking • Focus on providing core services and infrastructure
Council approaches to work	Leading, advocating, resourcing, partnering. community focus, regulating, strategic thinking, transparency, needs analysis, staffing, decision making	• All council work/planning/policy should require a statement of how it contributes/supports health and wellbeing • Make these goals critical and consistent considerations each and every time council makes decisions about events, actions, development, planning etc. • Setting a higher-level strategy and vision for the community • Best practice model • Extending policies and publications that are already in place • Cooperate with the Department of Health to promote current initiatives • By bringing in experts to run it and fund through health budget • Minimize spending by accessing available grants to boost targeted areas • Nurture local leaders • Promoting community led solutions • Taking risks to advocate for what the residents want • Council spends a lot of money on stadiums and footy clubs, but that only services a small portion of the population. • Demolishing the culture surrounding the council that it is only out for 'rate-payers-money' and realign its focus from expansion to community driven, then the possibilities are endless. • Staff education first • Ensure appropriate resourcing and staffing, new staff • Remove political views from Council, less internal politics • More transparency and streamlined council services
Education/ promotions and information	• Health education, promotions, advertising, awareness, prevention – for all community • Methods: on and offline, campaigns, forums, seminars, workshops, information sessions, programs, training, social media, web, other software • Information provision	• Deliver education via local community groups • Target learning programs to local needs • Helping schools promote healthy lifestyles • Target schools with constructive programs re mental health, diet, exercise and climate control issues. • Health Promotion Campaign featuring local people linked to opportunities to discuss health and wellbeing • Helping fund community health centres and programs to educate – sporting groups, families, businesses etc. • Provide a forum for natural solutions to health • Run activities promoting the health and wellbeing themes • Celebrate health and wellbeing regularly by engaging with local Health and Wellbeing businesses to promote events • Communication to the wider community is essential. Using many medias even including non-internet avenues

	• School health and wellbeing educational curriculum/program/ events • More funding for health promotions • Health priority specific is indicated in each topic	• Stop taking the responsibility away from the individual and promote self-education on resilience and awareness
Community engagement	• Meaningful effective engagement • Engage with all community, not just dominant groups • Engagement with key stakeholders including Aboriginal and Torres Strait Islander peoples, community groups/clubs, health professionals • Partnerships • Councillor engagement • Community engagement and input to collective projects • Listen and seek feedback	• Listen and engage with the local community • Feedback from health professionals and community • Active engagement with traditional custodians of this land throughout planning and implementation in an ongoing way • Liaise with local community groups on a regular basis • Create a system whereby local residents have a greater say in local issues and not big (state/federal) government making those decisions with very little or no local consultation • Council help table on Saturday mornings at the store are a great place to gather information and meet Councillors and to hand out information • Give those living in the rural community a greater say in Council decision making • Give all community a voice in Lorne – not just Committee for Lorne • Meetings at Council Offices for a group of likeminded locals to improve and shape the future of Torquay

All the above are important issues but Council cannot be expected to fix everything. If people are physically and mentally healthy, and socially connected there are positive impacts on other areas. Council should allocate funding to enable all residents to have access to opportunities to exercise, learn, create and socialise.

12 Health and Wellbeing priority focus areas

Tackling climate change and its impact on health

Community rated: 2
No. of comments:77

Key themes – ways Council could contribute
- Council leadership
- Reduce carbon emissions /increase renewable energy
- Transport -public and electric
- Fire management
- Education
- Recycling
- Sustainable food
- Mental health impacts
- Sustainable housing developments

Reducing harm from smoking

Community rated: 11
No. of comments:6

Key themes – ways Council could contribute
- Services – quit smoking
- Regulations – smoking bans

Increasing healthy eating
Community rated: 9
No. of comments:47

Key themes – ways Council could contribute
- Increase local produce
- Increase access to healthy food through take away, shops, businesses, community groups, event, festivals, markets and schools
- Decrease unhealthy fast/take away food options
- Decrease sugar sweetened beverages
- Food security
- Education/ promotions/events

Increasing physical activity and active living

Community rated: 1
No. of comments:340

Key themes – ways Council could contribute
- More/improved community facilities – recreation facilities
- Build a pool
- Increase/improve/maintain safe walking and cycling paths for physical activity
- Increase active travel/connection within and between towns
- Environmental open space, increase access and use for physical activity
- Work with others to preserve, protect, improve, maintain National and State parks, beaches etc.
- Support community sporting clubs and physical activity groups
- Support, deliver formal and informal physical activities

Reducing harm from alcohol consumption and other drugs

Community rated: 8
No. of comments:22

Key themes – ways Council could contribute
- Services/programs for alcohol/drug addiction
- Reducing alcohol consumption
- Working with Police
- Alcohol free activities/events
- Link with domestic violence
- Encourage community organisations to have 'Drug and Alcohol' policies

Improving dental health

Community rated: 10
No. of comments:9

Key themes – ways Council could contribute
- More local services - co-located with other facilities, outreach services
- Affordable services - for community on welfare/pension, children

Improving mental health and wellbeing

Community rated: 4
No. of comments:51

Key themes – ways Council could contribute
- More mental health services and facilities
- Advocating for local services
- Affordable services
- Outreach services
- Identifying those in need
- Information provision about what is available
- Programs, education, training
- Interconnections with other health priorities - climate change, social connections, physical activity

Improving social connection
Community rated: 3
No. of comments:138

Key themes – ways Council could contribute
- Foster connection – support vulnerable groups, partnerships
- Community infrastructure – accessible for all, more outdoor spaces to gather, hubs
- Build Arts Centre/arts activities
- Community groups and clubs – support, funding, facilities, collaborations on health priorities
- Activities and events – support and deliver for all ages, abilities, towns, range of activities
- Interconnections with improving mental health and increasing physical activity

Improving access to health services

Community rated: 7
No. of comments:115

Key themes – ways Council could contribute
- Access to more local services
- Increase rural access/outreach
- More doctors/specialists
- Advocate for State and local funding
- Facilities /Services – hospital in Torquay, Aboriginal Medical Services, Community Health Centres
- Co-location/service integration/hubs
- Affordable healthcare – more bulk billing
- Information provision about available services

Improving sexual and reproductive health

Community rated: 12
No. of comments:1

Key themes – ways Council could contribute
- Services – contraception availability

Preventing violence against women and girls

Community rated: 6
No. of comments:31

Key themes – ways Council could contribute
- More local services for victims
- Access to local housing/emergency accommodation options
- Education – respectful relationships

Improving community safety feeling safe

Community rated: 5
No. of comments:47

Key themes – ways Council could contribute
- Advocate for more police to address crimes – theft, graffiti, youth crime
- Connection with increasing population
- Local Laws patrols
- CCTV, lighting
- Safer roads, bike and walking tracks

12 Health and Wellbeing priority focus areas – the details

Climate change and its impacts on health

Essence of theme		Ideas for action
Council leadership	• Whole of Council approach • Advocacy – lobby State and Federal government, • Lead by example, be a model of local government sustainability and climate change action • Be innovative, action, not just talk, • Apply to all aspects of Shire/society	• Declare a climate emergency • Do this https://climatesafety.info/what-it-will-take-to-achieve-a-safe-climate • Apply a lens of 'climate change' over every single decision made by Council • "Green road" action plan using cutting edge approach • Mitigating and adapting re- climate change • Operating in a sustainable way itself and by actively promoting same by residents and tourists
Carbon emissions /Renewable energy	• Tackle carbon emissions – set targets/eliminate/ reduce /carbon neutral • Increase clean/ renewable energy - solar, wind power • Reduce/ban wood fires, smoke control measures – impact on health	• Commit to a zero- carbon emission target/go 100% carbon neutral/reach net carbon of zero by 2030 • Council go 100% carbon neutral as an organisation and assist residents and businesses to do the same. • Lobby State & Federal governments • Encourage, promote, sponsor, develop, implement: solar, wind power generation/farms/renewable energy power schemes, energy storage • Anglesea mine site would have been the perfect opportunity/showcase/educator for development of renewable energy hub to power the whole Surf Coast • Discounted community solar schemes, Community solar battery storage • Solar panels – exploring/mandating solar panels on all new homes, existing commercial and industrial buildings and schools • Ban wood fires and incinerators • Air quality measurement • Australia can become carbon negative in 6 months if we adopted the reproduction of the processes, functions, principles and efficiencies of the ancient Australian landscape to rebuild landscape fertility and drawdown carbon, starting with restoring river systems alone: https://www.rainforclimate.com/explanation https://www.rainforclimate.com/article/re-coupling-the-carbon-and-water-cycles-by-naturalsequence-farming
Greening		• Tree planting, bees etc.
Transport	Support electric cars. town hubs for active living	• Demonstrating electric car leadership with the council fleet • More charging stations for electric vehicles • Charge a congestion fee for non-local traffic • By creating village hubs in each settlement – re-localise goods and services to decrease car use
Fire management		• Council needs to be aware of ways to maintain a sustainable environment learning from Indigenous owners and from the latest scientific work relating to correct planting and building in this special but fire risky environment
Education		• Sustainability education at primary schools
Recycling	Continue rubbish recycling, recycled materials, plastic bags	• Encourage industry that employs locally, manufactures, uses, or produces products from recycled material • Rubbish recycling support • No plastic bags, glass bottle refund program, rewards for stores that use less plastic • Continue recycling/sustainability initiatives and the great communications which go with this

Sustainable food	• Local growers/farmer • Community gardens • Meat reduction	• Promoting a healthy diet that either eliminates or reduces meat consumption
Mental health	• Psychological impact of climate change • Youth impact	• Council's Climate Emergency Strategy include resources that help people cope with depression caused by ongoing environmental degradation (e.g. Psychology for a Safe Climate's Let Speak about Climate Change 2016) and a list of actions people can take to make a difference, however large or small
Housing development	Environmental measures	• Could the council mandate minimum ratios of house/garden scale? • Stringent environmental targets applied to housing developments

Preparing properly for the impacts of climate change and actively working to reach net carbon of zero by 2030

Being vocal and active in standing up for climate action

Continue recycling and other sustainability initiatives and the great communications which go with this

Reducing harm from smoking

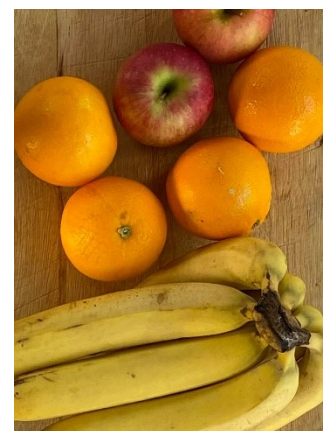| Essence of theme		Ideas for action
Services/ regulations		• Have a smoking quit Counsellor at Torquay Community Health Centre /free quit counsellor • Smoking bans/ expand and enforce smoke free zones • Free meditation classes for different groups e.g. various age groups or people trying to kick drinking/smoking habits • banning smoking in all public places

Increasing healthy eating

Essence of theme		Ideas for action
Local produce	Support local growers produce/farmers, community gardens	• Expansion of community food-growing initiative/community gardens • Growing food on verges
Increase access to healthy food	Provide healthy eating options: • restaurants • take away • shops • businesses, community groups, events/festivals • markets • schools	• More farmer's markets - indoor place for the farmers market that can be useful in cold and windy winter • Seniors weekly healthy meal with guest speakers e.g. nutrition • Encourage & support businesses with organic & local food • Encourage new eatery businesses to engage with local producers to deliver farm to table food that is healthy and sustainable • Promoting the licensing of some restaurants producing healthy food of good quality/reasonable cost • Celebrate Lorne's maritime heritage with better links to the sea and healthy seafood, not just "pier to pub" or waterside beer-drinking • Healthy eating in schools • Trout fishing, yabbie farms
Take away food	Fast food/number of fast-food outlets in the Shire	• Do not permit any more fast-food outlets • Increase healthy take away options • Reduce junk food outlets by preferencing healthy food outlets
Sugar sweetened beverages	Sugar sweetened beverages	• Take Coca-Cola etc. out of local school canteens • Tax soft drinks
Food security	Food security, food provision for vulnerable/ disadvantaged	• Supporting organisations like Feed Me Surf Coast and Torquay Food Aid
Events	Events	• Food festivals • Edible Food trail event • Provide healthy eating options at events, festivals, markets
Education, promotions	Education, promotions – dietary, schools, obesity, diabetes	• Education and incentives for community members to grow their own food. • Promoting benefits of non-animal based/reduced meat diets to improve health • Primary school – healthy eating programs, teach sustainability and what real food is

Encourage and support businesses with organic and local food. e.g. farmers markets.

Continue to support community gardens and growing food on verges

Council should be supporting organisations like Feed Me Surfcoast and Torquay Food Aid as these provide fresh food to vulnerable members of the community

Increasing physical activity and active living

Essence of theme		Ideas for action
Recreation facilities	• More and improved facilities, support facilities • Facilities for local sporting clubs • ages and abilities, • Affordable facilities • Access for all • Build a Pool (76 comments) co-locate with other uses/facilities, for rehabilitation, learn to swim safety, fitness, community connection benefits • Promote spaces	• Build a pool (indoor, outdoor) • Co-locate pool with other uses/facilities e.g. hydrotherapy pool for rehabilitation, gym, fitness classes, health services, aquatic and fitness centre in Torquay, nearby to other community facilities • Making it a social and support hub for healthy lifestyle services such as dietary education and exercise classes etc. • Similar to leisure link, Richmond or Kardinia Park Aquatic Centres • Alternative – Shire collaboration with The Sands or RACV • Pool increases accessibility – beach is not accessible for all ages and abilities • Affordable health hubs that include a broad range of exercise and cultural facilities • Develop exercise stations – along beaches, due to the lack of affordable and accessible gyms in Lorne • Hockey field/Centre/synthetic pitch, support fundraising for pitch • Championing Victorian peak sports body state priorities for facility development • Dog parks • Artificial reefs (due to overcrowding), wave pools • Upgraded sports facilities - Anglesea Netball rooms • Sporting hub for all sports/health Hubs with broad range of exercise and cultural facilities • Other suggestions of additional facilities include indoor skate park, outdoor exercise stations, mountain bike path, playgrounds, support bowls facilities, yoga pitch

Paths and Trails	• Increase active travel planning/ opportunities
	• Increase, maintain and improve quality of walking, bike, mountain bike, BMX paths and trails.
	• Connecting communities within and between towns, with schools.
	• Improved disability access.
	• Safer bike lanes on roads and footpaths/walking tracks.
	• Shared use
		• Actively planning for an outstanding alternative transport plan (paths/loops, facilities) with budget to support
		• Connecting paths suggestions:
		  - within coastal towns
		  - throughout Torquay, network linking Torquay/Jan Juc/Bellbrae, to schools, creek walk through Jan Juc connects to Torquay - but what about North Torquay and Torquay?
		  - railway link to Torquay with a safe cycling corridor beside the railway line
		  - easier pedestrian crossing GOR near Spring Creek bridge/roundabout
		  - around Deans Marsh, including connection to the Forrest to Birregurra Rail Trail
		• Continue to maintain surf coast walk.
		• Low impact/natural bush walking and biking trails
		• Torquay: improve Gilbert St unsafe footpaths
		• Lorne: improve the pathways to be accessible during all seasonal weather, especially working with GORCPA to improve the pathway surfaces on Lorne foreshore area.
		• Anglesea: additional funding to develop the Surf Coast mountain bike trails, save the bike park, increased mountain bike trail network around Alcoa coal mine
		• Implement a signing program on paths e.g. boardwalk near SLSC prohibiting bike riding, encouraging more polite & safe (for pedestrians) cycling
		• More facilities like bike racks/occasional seating on paths
		• Concern over kids building their own BMX jumps

Environmental open space	• Access and use of open space for physical activity/outdoor recreation/ incidental activity	• Continue to work proactively with Parks Vic and DEWLP towards these goals • Allow personal trainers/fitness groups to use all open spaces and foreshore for organised group activities • Monitor health of Painkalac creek for safety of swimmers and publish results • Create world class bushwalking facilities including in Otways

	• Preserve, protect, improve, maintain National and State parks, beaches etc. • Work with others	• Allow walking dogs on beach all year – for and against • Ban jet skis from Louttit Bay except for life savers (noise pollution) • Upgrade beach access, coastal boardwalks • Community facilities need natural environmental surrounds and space
Sporting/Clubs	• Providing support, increased funding, resources, facilities • Support groups aligned with/tackling health priorities • Provide centralised information about available clubs/groups • Partnerships/ collaboration to promote health priorities • Interconnect clubs	• Make resources available to continue their work in these health priority areas • Working in partnership with clubs/groups to survey needs and provide resources/expertise in relevant health priority areas • Ensuring clubs and organisations promote sound health messages • More support/partnering with Surf Lifesaving Clubs/nippers • Improve local community grass roots sports in Winchelsea as well as life-long sports such as basketball, tennis and soccer • Sporting hub that offers social membership as well as participant membership
Programs/ activities/ promotions	• Support, facilitate, encourage, accessible formal and informal physical activities for all • Increase range of sporting activities • Active promotion of activities, encouraging participation • Affordable activities • Financial support/grants • Work with others/partnerships • Recognising social benefits of physical activities	**For all** • Assisting rural communities to provide physical activity and 'active living' activities in the community. • Increase activities for vulnerable groups • Offering a range of activities to suit different people in the community, facilitate multiple physical activity options in the communities along the coast • Offering affordable classes for younger people to attend (boxing etc.) after school hours. **Activities** • Encouraging more healthy lifestyle activity choices including: exercise, yoga, pilates, fitness classes • Promoting community bush walking, bike riding, surfing, stand up paddling, • Sport events • Supporting new emerging sports, hockey • Facilitate more affordable indoor/outdoor health and wellbeing classes • Affordable access to fitness and sport activities for social connection • Set and plan to achieve levels of participation in physical activities **Partnerships:** • through complementing State Government active living programs in each town, Primary school – exercise programs, free swimming lessons or skill upgrade lessons and CPR (SLSC partner)
General or cross topic	• Link between physical activity, improving mental health and preventing other health problems • Link with coastal lifestyle • Physical activity for all ages • Keep sporting economy local • Access for women and girls • Research and monitoring	• Allocate funding to enable all residents to have access to opportunities to exercise • Focus on health in winter • Break down barriers for women/girls to be physically active • Analyse trends in new sports and cater for those groups in the community • Set and plan to achieve levels of participation in physical activities • Physical activity is intrinsic with rural and coastal living • Keep it local –play/train for chosen sport on the surf coast - access and local economy benefits (jobs for coaches etc)

Bike paths for physical activity and active living - with the added advantage of less fossil fuel use

Supporting the local clubs and organisation whose purpose aligns with these outcomes

By protecting the natural environment and promoting community bush walking, bike riding, surfing, stand up paddling, park exercise stations

A swimming pool and facilities is so important for health and wellbeing. We live by the beach, our kids need to learn to swim. It would provide a great community place where people could meet up and improve their overall health and wellbeing. Therapy pools also helps people recovering from injuries

Reducing harm from alcohol consumption and other drugs

Essence of theme		Ideas for action
Services/programs for alcohol/drug addiction	Treatments and programs, education for youth, information provision of where to get help	• Alcohol and drug addiction information and therapy groups • Train more health/community staff in mental health including addiction management • Free meditation classes for different groups. eg people trying to kick a drinking/smoking habits • Education programs for youth in relation to the danger of drugs and supporting their mental health
Reducing alcohol consumption	Liquor outlets, adherence to liquor licensing, alcohol free zones	• Work closely with police/other authorities • Reduce the amount of Liquor outlets in town, stricter control on alcohol sales & consumption/ adherence to liquor licensing • Expand and enforce alcohol free zones
Activities/ Events – alcohol free	Alcohol free events/other activities for youth	• Promotion of alcohol-free family events • Increase options for youth at night that don't involve drugs, alcohol at parties. • Council sponsored outdoor programs aiming to support those with drug and alcohol problems
Link with domestic violence		• Awareness around drug/alcohol abuse and how it can lead to domestic violence • Being more aware of the damage to families from alcohol
Encourage Community organisations drug and alcohol policies	Encourage community organisations with proactive drug and alcohol policy	• Any council grant to organisations is only given to those that have a proactive drug and alcohol policy, particularly protecting the young from alcohol abuse.

Improving dental health

Essence of theme		Ideas for action
More local services	Co-located with other facilities, outreach services	• More dentists • Dental vans • Include dental clinic at Lorne hospital • Concerned that many of the options e.g. dental health are not achievable by Local Government
Affordable services	For community on welfare/pension, children	• For people on a pension or welfare dental health is out of reach - on $40 a day its totally out of reach • Services for low income to access/public dental services • Easy to access free dental for kids locally

Improving mental health and wellbeing

Essence of theme		Ideas for action
Services/ facilities	• Advocating for local services • More local mental health services • Training mental health professionals • Accessible affordable services for all ages, vulnerable populations, youth services • Outreach services • Identifying those in need	• Most services are in Geelong and have long waitlist especially for mental health/family violence • Offering more services for mental health issues so travel into Geelong is not required • Advocating for specialist clinical services, particularly mental health, psychiatrist clinic • Mental health encouraged via hub of mental health professionals (wellness hub) • Mental health crisis services, faster interim mental health service • Headspace centre for young people, more child psychology options • Home visits from mental health professionals • More mental health clinicians in places like Anglesea so people don't have to travel to Geelong • Mental health vans • I would like to see mental health and other services in Winchelsea and in Moriac • Mental health for young people needs to be improved • Train more health/community staff in mental health including addiction management • Access to mental health services for at risk people/people on low income. • Offering free or subsidised access (privacy ensured) to mental health services • Creating jobs in these fields (employing social workers) • Spaces to support, mental health focus
Information provision	• Leadership in communication providing information on what is available	• Council needs to show to all community what services for mental health is out there • Highlighting information as to where to get help (youth drug addiction, suicide prevention etc.)
Programs and education	• Training • Bullying • Prevention campaign • Programs	• Mental first aid training across age groups. • Prevention campaigns (reducing stigma) • More funding/support for health promotion and mental health activities/programs

Links with other health priorities	• Impact of climate change on mental health • Impact of mental health on other health • Link between improving mental health through social connections, physical and community activities, natural environment	• Researching and improving environments for improving mental health • Council sponsored outdoor programs aiming to support and enrich mental health • Depression caused by ongoing environmental degradation • The Shire should be seen as one big health and wellbeing retreat that transforms itself and visitors into better people. • Super charge greening towns as connection to nature is also important for mental health. • Acknowledge COVID impact

Free/subsidised mental health services /programs in the region, more funding around mental health projects

Mental health encouraged via hub of mental health professionals (wellness hub)

Isolation, loneliness and poor mental health can affect people of any age. People struggle to care for other areas of their health when they are affected by these things…

Recognising the huge economic and mental health fall out from COVID-19 and associated restrictions

Improving social connection

Essence of theme		Ideas for action
Foster connection	• Support a connected community/ community cohesion/people looking out for each other • Support vulnerable groups, tackle loneliness, be inclusive of all needs, ages • Partnerships with organisations • Links between social connection and other health priorities – increasing physical activity, mental health/access to services	• By supporting us in tangible ways in realising a stronger, resilient and 'connected community' • Connection will help to bring people together to help solve all health priorities listed, we can talk, relate, open up, connect • Drop-in centres, community groups, group counselling etc. improve connectedness • Establish strong partnerships. Work more closely with neighborhood houses who already do these. • Creating a range of resources for leisure is important in bring a community together • Discourage negative content on community social networks • There are lots of mums of young kids who don't have support/isolated. We need more services for them, where we can help them develop a community • Assisting older women living alone to feel integrated into the society. • Supporting vulnerable groups to be safe and included
Community infrastructure	• Accessible facilities for all • More outdoor spaces to gather • More indoor places to gather • Utilising existing spaces • Build an Arts centre • Affordable	• Create outdoor local meeting/gathering spaces that are multi-purpose where people can eat lunch, listen to music, regular activities, buskers, meet each other and care for neighbours etc. • More communal seating in the township which would develop more social connection • Build a performance/arts/entertainment centre, like the Potato Shed in Drysdale • Build: a cinema, younger mens shed in Anglesea • Hubs: ensure planning is considered proactively to support community connections e.g. social hubs. bigger/new library and community centre, leisure centre near library like Leisure Link, affordable health hubs/exercise and cultural facilities. Design multi-use spaces and ensure that they are accessible for intergenerational use. Port of Lorne support a safe maritime hub • Use existing facilities: basketball stadium at Anglesea to be able to be hired out to the community. free hall access for community groups eg. for a community preserving day. In Anglesea, community hall/community house/info centre and fantastic natural environment available for performances, social circles, chill out zones.
Community groups and clubs	• Providing support, increased funding, resources, facilities, equity between groups, training • Support groups aligned with/tackling health priorities • Partnerships/ collaboration/ engage on health priorities • Provide centralised list of clubs/groups • Interconnect clubs	• Community, sports, cultural, creative groups facilitated and given the opportunity to grow, promote and provide this connection • Support for groups promoting all forms of arts - valuing arts as a path to community wellbeing • Growing groups to be self-sustaining • Youth clubs, mothers' groups, develop the womens' shed • Identifying and supporting ways for clubs to interconnect. • Council has put in place useful internet liaison groups with local communities (e.g. in Aireys Inlet) during the pandemic. These can be a template to use in future • Promoting a list of groups where we can meet • Support local groups who are tackling these issues. • Make resources available to continue their work in these health priority areas • Working in partnership with clubs/groups to survey needs and provide resources/expertise in relevant health priority areas • Ensuring clubs and organisations promote sound health message • Enabling local groups to achieve their goals e.g. mural painting at Heartspace

		• Encourage community groups by providing places to meet and communicate (digitally and physically)/positive online forums • Realising that volunteering is becoming less and less
Activities and events	• Plan, provide, maintain and support accessible activities for all – all ages, abilities, towns, socially inclusive and vulnerable groups • Active promotion of activities • Affordable activities • Community events, festivals and markets – wide range/affordable • Encouraging participation, promote, financially support/grants • Recognising social benefits of arts and physical activities	**For all:** • Diverse socially connecting programs that strengthen resilience, range of activities to suit different people in the community • Activities with social connection for young people at vulnerable ages, vulnerable groups, seniors - self-funded retirees not just for pensioners, young mums **Events:** • Providing community events to better enable social inclusion and community interaction • Encouraging and financially supporting events • Being supportive of events and vendors that endorse these values (health priorities) • Community based art shows, food festivals, community tree planting days, more outdoor events and activities Arts Trail, food trail, live music/gigs, music festivals, performances, local markets, fun days, celebration days, health programs, billy cart race along the esplanade, High Tide Festival, event like Mind Body Spirit festival in Melbourne. **Activities** • Free meditation classes for different groups, cold water immersion, community-centre programs and classes, amateur theatre & music, affordable access to arts activities such as Arts of the Mind, Human Library, disability programs, more age care facility programmes, social circles • Through well planned and structured programs, particularly arts like music. There are so many musicians in the region but nothing to connect them

Health improves with activities and connection. From there, a community grows together

Focusing on our beautiful surroundings there could be more community activities that are good for physical and mental well-being. This encourages connection and develops a sense of an inclusive community

Support cultural and other activities through grants and partnerships with local communities, supporting their aspirations for health and wellbeing

Improving access to health services

Essence of theme		Ideas for action
Access to more local services	• Advocate for more local services, State and Federal Funding, • Increase rural access/outreach • More doctors (increased hrs) and specialists, • Aboriginal Medical Services • Mental health services (see improving mental health 'services' for detail), • Other services including domestic violence services, ambulance, aged care services, LGBITQ support services, families • Align with population growth • High quality services	• Getting services in the Surf Coast Shire rather than having to travel to Geelong • Ensure there are adequate health care services/doctors/dentists as the population increases • There is a shortage of local GP's and medical practitioners as more people move to Anglesea • The shire to deliver more services to smaller towns in our shire • Provide incentives for doctors to work in the area. • Better health service that you can get an appointment with a medical doctor on the same day • Funding Wadawurrung health service in Torquay in connection with Barwon Health • Sponsor a medical caravan with a nurse practitioner to visit smaller communities for early assessment of health issues and ongoing basic care - could be shared with Colac Otway Shire • Advocating for specialist clinical service
Facilities/ Co-location/ Service integration	• Hospital in Torquay • Fund more/expanded Community health centres • Better integration • Coordinated services • Health hubs/ partnerships • Safe Spaces	• Build a Public/Private Hospital in Torquay • Promote a 24 hour/365-day hospital for Surf Coast residents, incorporating all basic medical facilities, space for visiting health specialists/surgeons, limited number of emergency beds • A comprehensive, bulk billing, well-resourced community health Centre. One with ample resources and facilities, that is properly funded, • Larger health centre with Barwon Health to allow specialists day procedures • Expand Great Ocean Road Health • Safe and culturally sensitive healthcare spaces for women, children, LGBTIQA+ could be an amazing asset in the community • Provide local services through existing structures i.e. Anglesea community house/medical centre • Continuance of the existing policies which operate very well through the Lorne Hospital • Advocate on behalf of the community for a health hub • Ensuring that health is approached holistically and simplified to make it easy for people to access all that they need in one place • Better health service integration with improved coordination and communication (public/private) • Health professionals at an aquatic centre
Affordable healthcare	• More bulk billing, affordable specialists, mental health services	• More bulk billing medical practices • Ensuring adequate number of affordable doctors & dentists • Mobile vans for low-income access • Offer affordable (or free) health services - very expensive in Torquay • Regulate cost of visiting specialists
Information provision	• Education about service availability promote services	• Promote availability of services in regional inland areas • Tell people about health services and where to access

Ensure there are adequate health care services as the population increases

Improving sexual and reproductive health

Essence of theme		Ideas for action
Services		• Make contraception/condoms readily available and affordable to reduce the spread of STIs and unwanted pregnancies

Preventing violence against women and girls

Essence of theme		Ideas for action
Services	Increased access to services including emergency services, local services	• Accessible, through support for victims of domestic violence • Increase 'Orange Door' possibilities here for domestic violence victims • Local Surf Coast services - don't have to travel to Geelong • More avenues for assistance for rape victims • Access to emergency help for domestic violence victims.
Housing	Safe housing, local accommodation for domestic violence victims	• Providing safe places/houses for women and girls threatened by domestic violence. • Safe private refuges • Local safe place for victims of domestic violence
Education	Education about respect for females–general community campaigns, in schools, starting in primary, sporting clubs, programs and policies	• Campaign for violence against women and children • Better family violence awareness and information on what a community member can do • Extending existing policies and publications to educate about domestic violence • Providing/supporting community sporting clubs - it is known that positive club culture can lead to prevention of violence against women • Respectful relationships programs • School education programs including Primary School respectful relationships, gendered violence consent training from early age
Gender Equity	Spaces for women, inclusive sport (removing barriers), education, sexism against men	• Changing cultures wherever possible to increase respect for women and girls • Work with the surf clubs to lead gender equity
Link with violence/ safety		• The link between drug/alcohol and domestic violence • To feel safe to exercise outdoors

Providing access to a local safe place for victims of domestic violence

Increase Orange Door possibilities here for domestic violence victims

Changing cultures wherever possible to increase respect for women and girls

Improving community safety, feeling safe

Essence of theme		Ideas for action
Safety in general	Providing a safe environment, day and night, safety for all ages, in homes and on streets	• Don't want to be unsafe like Melbourne
Crime and police	• Advocate for more police patrols, 24/7 Police Stations • Liaise with police • Crime – graffiti, theft, property damage • Crime increasing with population increase • Youth crime, education around anti-social behaviors	• Provide a strong police presence/visible support in all towns in the Shire • 24-hour police presence • Ensuring community safety by managing and limiting public disrupters • More Neighbourhood Watch • Violence against men
Local laws	Local Laws Officers patrolling	
CCTV/ Lighting		• Community safety delivered through excellent lighting and CCTV • Improve street lighting
Infrastructure	Safer bike and walking tracks, safe places to meet	
Water safety	Pool, water quality safety, SLSC beach safety	• Safety education on beaches to reduce drowning
Safer roads/ /bike lanes and footpaths	Safer roads/maintenance See also under 'Paths and Trails' Increasing physical activity	• Include health and wellbeing in planning and design of infrastructure e.g. bike lanes on new roads or separate bike paths in parallel
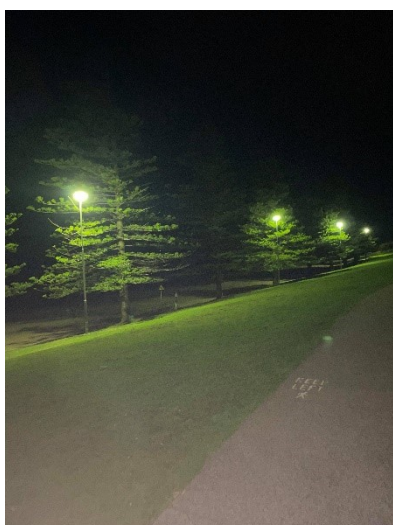
Across the priorities

Diversity and inclusion

Essence of theme		Ideas for action
Aboriginal and Torres Strait Islander peoples	Reconciliation, working together, environmental, engagement, health services, education	• Reconciliation • Funding Wadawurrung health service in Torquay in connection with Barwon Health • Work with the Wadawurrung people to develop environmental management plans • Active engagement with traditional custodians of this land throughout planning and implementation in an ongoing way • Maintain a sustainable environment learning from Indigenous owners • Honour Indigenous heritage and practices • Teaching Australian history without blame but acceptance of the times and learning from them
General - including socio economic disadvantaged	• Vulnerable/those in need access to services, support groups, housing, food, safe spaces/facilities, • Events, programs	• Appropriate trained/skilled people and resources to promote a safe community especially for vulnerable people • Programs to care for those in need, those who are struggling may be hard to reach, ways to reach them might be the key to improving community wellbeing. • Work with Housing associations and developers re social/affordable housing to address gentrification which is driving vulnerable people away • Supporting organisations like Feed Me Surfcoast and Torquay Food Aid • We need more money going into support and for those in need • Aquatic centre • Human Library to break down stereotyping • Offering free or subsidised access (privacy ensured) to mental health services and other health services for the disadvantaged. • Creating events that cater for minority groups. • Providing community events to better enable social inclusion
Disability	Access to services, programs, events, spaces, pool, safety and inclusion	• Access to health services for people with disability • Community pool, allows people with disability to swim safely • Pool for injured/disability to manage their own conditions without needing to travel out if the shire • Have better pavements through natural environments for mobility scooters and wheelchairs • Improve wheelchair access and info on access re parks & walks around the coast • Disability programs
LGBTIQA+	Support and services	• LGBTIQA+ support • Safe healthcare spaces for LGBTIQA+
Culturally and linguistically diverse	Programs, services, inclusive spaces, understanding	• Proactive involvement in culturally inclusive projects • Safe and culturally sensitive healthcare spaces • More visibility to understand asylum seekers needs • New facilities inclusive of ethnicity and age.

Life stages

Essence of theme		Ideas for action

Children

Activities		• Free meditation classes for young mothers • Playgroups in dedicated spaces like Elwood playgroup
Facilities	Pool Parks	• Pool for childrens' swim lessons • Children's play areas close to where they live
Services	Allied health	• More child psychology options
Education	Health priorities education, Kindergartens	• Maternal child and health guest speakers on nutrition, climate etc. relating it back to raising children
Health		• Environment team - spray the larvae to reduce the mosquitoes. Needs to be done near the school/river areas where children play
Other		• Stop small housing lots - children need backyards

Youth

Activities	More and better activities, youth appropriate/specific, options beyond sport, affordability, behavior	• More indoor and outdoor community activity options for teenagers who are not into sport • More teen specific offerings/support to local businesses to do the same • Offering affordable classes e.g. boxing after school • Options for young people to hang out at night that don't involve drugs, alcohol at parties/activities, instead of destructive behavior
Groups	More groups	• Youth clubs • Younger mens shed to connect (bbq, table tennis etc.) • For young people at vulnerable ages - activities/groups/clubs that foster a sense of wellbeing, confidence and self-esteem and opportunities to share with others across the shire
Spaces/ facilities	Increase spaces available for youth	• A performance centre for the youth that don't play sports – for jams, art, plan, perform etc. • Anglesea Hall/community house/info centre and fantastic natural environment available for performances, social circles, chill out zones, etc. Anglesea: make shipping container permanent • More active outdoor modern equipment, along the beaches for the youth pull up bars, calisthenics bars.
Services/ support	More youth services Transport	• Headspace Centre • Young males in rural communities who do not fit the mold often need support • Mental health for young people needs to be improved • Invest in active youth services for locals not just "schoolies" • Late night transport options that are cheap or free
Education	Better education	• Better education re mental health, healthy eating and exercise • Respectful relationships • School meetings • Highlighting information: where to get help (youth drug addiction, suicide prevention etc.)
Listen	Support views and values of young people.	

Older people

Activities	Outdoor activities	• For seniors a weekly healthy meal sharing lunch, guest speakers on a variety of topics
Services	In homes support, aged care, transport services	• More health worker visits to residential homes • More age care facility programs • Providing a range of subsidised services for the elderly
Facilities	Aged Care facilities, pool	
Safety	Safety for older people	

Broader determinants of health

Broader determinants of health

Essence of theme		Ideas for action
Public Transport	• More and better public and community transport, transport for youth and older people	• Council should support building the train station in Torquay/rail connection to Waurn Ponds • Bus service through Moriac to get to Waurn Ponds to a connecting service • Tax funded modes of transport for medical purposes • Sustainable public transport to minimise car travel & pollution
Economy	• Council support local businesses including resources, promotions • Support arts sector, environmentally sustainable businesses, hospitality and tourism. COVID-19 impact • Need to balance business and the environment, encourage and support environmentally sustainable businesses	• Support businesses offering local employment/teenage employment • Invest in the arts and creative industries for a positive economic and social impact including local artists/musicians, employ artists in social service programs • Creating employment in all areas and competitive retail and commercial areas • Incentives for local businesses • Council making resources available to and promote events for groups/businesses to help them continue their work in health priority areas • Support after COVID-19 impact • Need a Community Legal Centre • Don't expand retail, jobs etc. we live here to have a more balanced lifestyle • Stop inappropriate business development in rural landscapes • Encourage and support local food businesses • Encourage local businesses to limit carbon emissions • Encouraging non-destructive industries that don't pillage the environment • Promote local produce. Local value add jobs • Support farmers markets
Education	• Kindergartens, schools, local secondary schooling, • Affordable before and after care • Learning opportunities	
Development /housing	• Stop or restrict urban development/ subdivisions • Stop high density development, small housing lots • Stop encroaching on rural land/unique environment and community • For new development: environmental /quality urban design/wildlife management plans/provide open space and community infrastructure • Enforce planning scheme • Set level of population in line	• People live and travel here to get out of the city, that is the draw card. • People live here for less stress and more connection to their surroundings. Lean into that, protect it, or all health and wellbeing metrics will drop and the Surf Coast will become Geelong • Ensuring that developments incorporate the goals of health and wellbeing • Urban developments need much more careful planning to ensure there is space and quiet • No more major development in rural land i.e. Spring Creek • Stringent environmental targets applied to housing developments • I would also like to see neighbourhood character upheld to improve wellbeing • Set a low growth population target (26-28,000) for Torquay-Jan Juc • By capping population growth within the shire. Resources will not necessarily keep up if current growth continues unchecked • Less development, means more access to health & wellbeing services • Simple, prioritize the health and wellbeing of the existing population over growth and expansion and tourism

	with resources, access to services	
	• Social housing	• Work with Housing associations and developers re social/affordable housing to address gentrification which is driving vulnerable people away
Rural communities	• Activities in all towns • Infrastructure • More service accessibility in rural areas (see Increasing access to services priority) • Greater say in decision making • Youth support • Promoting service availability in rural areas	• Invest more in the rural areas • Performance standard for welcoming new residents to smaller townships • The Shire to deliver more services to smaller towns in our Shire • Health services to the rural areas to reduce excessive travel • Give those living in the rural community a greater say in Council decision making • Run services in Winchelsea that the rest of the Surf Coast gets • By providing more services to smaller towns such as Lorne/Airey's Inlet rather than focusing on the larger towns for most services • I'd love to see continue and more investment in recreational opportunities for our small towns
Environment	• Promote respect and appreciation for our beautiful, healthy environment • Rubbish collection/litter • Cleaning of public areas	• Promote the outdoors and the healthy life it has to offer • Healthy country healthy people, I cannot imagine a healthier environment • Focus on people and how we interact with the environment. Educate our community about our natural assets/environment. • Encouraging to respect and restore the natural beauty of the Surf Coast Shire and education on living with wildlife • Developing community programs that prove how lucky we are to live here, and that the environment should be respected by all • Encourage more rubbish collection/more bins in public areas often full bins /overflowing, more cleaning of public areas • Encourage community involvement in cleaning up beaches/foreshore areas, more clean up surf coast days, • Noise/light and general pollution reduction • Reduce dog litter

6. Community Values – health and wellbeing lens

The survey question asked "All of these themes are important to making a great community. Help us prioritise our efforts by sharing your top 5 themes for our future community – *(closed question with 22 response options plus 2 open 'other' options)*

The 'Community Engagement Report' has already done high level analysis on this as follows:

Community Values

I want to live in a community that…

Respondents were asked to select five out of 23 value-based statements describing their ideal community, ie, the sort of community that they value and would want to live in. (n=1163).

		% Respondents
#1	Protects and enhances the natural environment	64%
#2	Manages growth in a sustainable way	56%
#3	Values community health and wellbeing	52%
#4	Is friendly, welcoming and where people look out for each other	42%
#5	Is reducing its carbon footprint and responding to a changing climate	32%
#6	Supports local producers at farmers markets / farm gates etc	24%
#7	Has events and activities that help people connect	19%
#8	Supports people when they experience vulnerability	18%
#9	Is less reliant on cars making it easier and more enjoyable to walk / cycle	16%
#10	Is an inclusive and accessible community for all ages, genders, backgrounds, abilities	16%
#11	Values our shared cultural heritage and recognises traditional owners	16%
#12	Where I can participate and contribute to the community and I have a say in important decisions that affect me	15%
#13	Has quality education and learning opportunities	14%
#14	Meets my needs as I grow up and as I age	13%
#15	Celebrates our unique culture, lifestyle and history	12%
#16	Has a diverse range of local businesses which caters to my needs	12%
#17	Is creative and celebrated for its arts and culture	12%
#18	Has a range of affordable housing options	11%
#19	Is innovative and takes advantage of emerging technologies	10%
#20	Has accessible and reliable transport options and connections	9%
#21	Enables equitable access to community places, spaces and services	7%
#22	I know well / I am aware of a range of things that I can do and experience locally	3%
#23	Other	5%

Source: People, Place Future: Draft Community Engagement Report, 2021 p8

Many values relate to health and wellbeing and the 3rd most frequent response was 'Values community health and wellbeing'. The table below explores the relationship between the **top 10 values** identified for future community above, and the 12 Health and Wellbeing priorities. It spotlights the connection between the **top 5 health and wellbeing priorities** identified by the community and the **top 5 community values**.

When asked about the sort of community they value and would want to live in, community members said… (Top 10 only)		%	Top 5 Health and Wellbeing Priorities identified by community					Other Health and Wellbeing priorities (in community order)						
Top 5	I want to live in a community that…		1 Increasing physical activity and active living	2 Tackling climate change and its impact on health	3 Improving social connection	4 Improving mental health and wellbeing	5 Improving community safety feeling safe	6 Preventing violence against women and girls	7 Improving access to health services	8 Reducing harm from alcohol consumption and other drugs	9 Increasing healthy eating	10 Improving dental health	11 Reducing harm from smoking	12 Improving sexual and reproductive health
1	Protects and enhances the natural environment	64%	■	■		■								
2	Manages growth in a sustainable way	56%		■		■								
3	Values community health and wellbeing	52%	■	■	■	■	■	■	■	■	■	■	■	■
4	Is friendly welcoming and where people look out for each other	42%			■	■	■							
5	Is reducing its carbon footprint and responding to a changing climate	32%		■										
6	Supports local producers at farmers markets farm gates etc	24%									■			
7	Has events and activities that help people connect	19%			■									
8	Supports people when they experience vulnerability	18%				■	■	■	■	■				
Equal 9	Is less reliant on cars making it easier and more enjoyable to walk bike ride and use public transport	16%	■	■										
Equal 9	Is an inclusive and accessible community for all ages genders backgrounds and abilities	16%			■	■			■					
Equal 9	Values our shared cultural heritage and recognises traditional owners	16%			■									
10	Where I can participate and contribute to the community and I have a say in important decisions that affect me	15%			■	■								

This indicates that work across health and wellbeing priorities connects strongly and could contribute to the sort of community the respondents value and want to live in, with connections to all 5 top values.
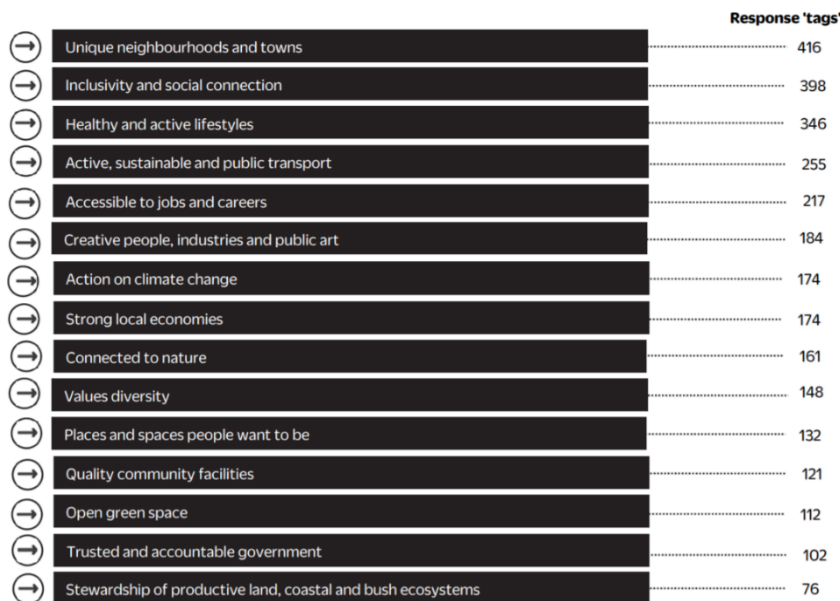
The 3rd value is 'Values community health and wellbeing' which connects with all 12 health and wellbeing priorities. The 1st, 2nd and 5th values 'Protects and enhances the natural environment', 'Manages growth in a sustainable way' and 'Is reducing its carbon footprint and responding to a changing climate' aligns with 'Tackling climate change and it's impact on health'. The 4th value 'Is friendly welcoming and where people look out for each other' is supported in particular by priorities 'Improving social connection', improving mental health' and 'Improving community safety, feeling safe'.

Beyond the top 5 descriptors of their ideal community there are also strong alignments such as the 6th value 'Supports local producers at farmers markets, farm gates' supported by 'Increasing healthy eating'. Improving access to health services also contributes to 3 of the top 10 values. 5 of the 12 health and wellbeing priorities contribute to 8th value 'Supports people when they experience vulnerability'. The table also demonstrates that the values list could inform the health priority actions e.g the top value is 'Protects and enhances the natural environment' – for consideration around use of the natural environment for physical activity.

7. What is your ten-year vision for the Shire? – health and wellbeing lens

"Through a number of mediums, including on-line survey, conversations at community events, activities and meetings, we asked people help us create a long-term vision for the Shire. The free text responses were tagged and themed, with the top 15 themes or topics listed below"

When asked 'What is your ten-year vision for the Shire?' people spoke about …

	Response 'tags'
Unique neighbourhoods and towns	416
Inclusivity and social connection	398
Healthy and active lifestyles	346
Active, sustainable and public transport	255
Accessible to jobs and careers	217
Creative people, industries and public art	184
Action on climate change	174
Strong local economies	174
Connected to nature	161
Values diversity	148
Places and spaces people want to be	132
Quality community facilities	121
Open green space	112
Trusted and accountable government	102
Stewardship of productive land, coastal and bush ecosystems	76

Source: People, Place Future: Draft Community Engagement Report, 2021 p7

The following table highlights the relationship between the 10-year vision themes and the health and wellbeing priorities.

What is your 10 year vision for the Shire?	Health and Wellbeing priorities for community (in priority order)											
	1	2	3	4	5	6	7	8	9	10	11	12
	Increasing physical activity and active living	Tackling climate change and its impact on health	Improving social connection	Improving mental health and wellbeing	Improving community safety feeling safe	Preventing violence against women and girls	Improving access to health services	Reducing harm from alcohol consumption and other drugs	Increasing healthy eating	Improving dental health	Reducing harm from smoking	Improving sexual and reproductive health
1 Unique neighbourhoods and towns	▪								▪			
2 Inclusivity and social connection			▪									
3 Healthy and active lifestyles	▪	▪	▪	▪	▪	▪	▪	▪	▪	▪	▪	▪
4 Active, sustainable and public transport	▪						▪					
5 Accessible to jobs and careers												
6 Creative people, industries and public art			▪									
7 Action on climate change		▪										
8 Strong local economies												
9 Connected to nature	▪			▪								
10 Values diversity						▪		▪				
11 Places and spaces people want to be	▪		▪									
12 Quality community facilities							▪					
13 Open green space	▪											
14 Trusted and accountable government				▪								
15 Stewardship of productive land, coastal and bush ecosystem		▪							▪			

There are many alignments between the ten-year vision for the Shire and health and wellbeing priorities In particular theme 3 was 'Healthy and Active' lifestyles which connects with all 12 health and wellbeing priorities. Other key connections where contributions to the ten year vision could be made through work on the health and wellbeing priorities are:

- Theme 1 'Unique neighbourhoods and towns': actions under a range of the health and wellbeing priorities could contribute to building on the unique strengths in each town or district.
- Theme 2 'Inclusivity and Social connection' and theme 10 'Values diversity' links with health and wellbeing priorities 'Improving social connection' and 'Improving mental health'.
- Theme 4 'Active, sustainable and public transport' could be contributed to by 'Tackling climate change and it's impact on health' where respondents identified sustainable transport and also 'Increasing physical activity and active travel'.
- The vision also includes theme 7 'Action on climate change' aligning with 'Tackling climate change and it's impact on health'
- Themes 11-13 'Places and spaces people want to be', 'Quality community facilities' and 'Open green space' 'Connected to nature' align particularly with 'Increasing physical activity and active travel' and 'improving social connection' where respondents identified spaces and places as a key way Council could contribute to delivering on these health and wellbeing themes. The cross benefits with physical activity and social connections identified by respondents for 'Improving mental health and wellbeing' are also relevant.
- Theme 15 'Stewardship of productive land, coastal and bush ecosystem' is relevant to actions around use of the natural environment for physical activity.
- Some priorities are broader determinants of health such as 'Accessible to jobs and careers', 'Strong local economies' and 'Trusted and accountable government'.

8. Measuring Liveability - place experience analysis

The second half of the People Place Future survey asked respondents to rate 50 place attributes across two criteria:

1. Care Factor (values) - what attributes are most important to them (grouped into 5 place dimensions)
2. Place Experience - rating their experience on those attributes (50 attributes) grouped into 9 themes

Care Factor

The Care Factor (CF) section of the survey asks respondents about their ideal neighbourhood. Respondents select their three most important attributes in five Place Dimensions.

Place Dimensions

The Place Dimensions are:

Look and Function
The physical characteristics of the area - how it looks and works, its buildings, public space and vegetation

Sense of Welcome
The place is inviting to a range of people regardless of age, income, gender, ethnicity or interests.

Things to Do
Activities, events and the invitation that leads you to spend time in a place.

Uniqueness
Things that make the area interesting, special or unique - these could be physical, social, cultural or economic aspects of the place.

Care
How well the area is managed, maintained and whether improvements are being made - it considers care, pride and both personal and financial investment.

Place Experience

The Place Experience (PX) section of the survey asks respondents to assess how each place attribute impacts their personal enjoyment of the neighbourhood or town they spend time in. Respondents rate the performance of 50 place attributes across nine themes in relation to their lived experience.

Nine themes encompassing 50 place attributes

1. **Character:** Character relates to an area's heritage, its identity and how unique it is.

2. **Community:** Community relates to people's identity, how they express that identity, and how they interact and define the broader community.

3. **Economy:** Economy relates to revenue generation through different sectors and economic activities, and job creation.

4. **Environmental Sustainability:** Environmental sustainability relates to the protection and care of the environment, and how people adapt to the climate.

5. **Housing and Development:** Housing and development relates to the built form, housing, tenancy types and development.

6. **Management and Safety:** Management and safety relates to the management of an area and its users.

7. **Movement:** Movement relates to the movement of people and goods.

8. **Open Space:** Open space relates to open space, both public and private, and its features.

9. **Social Facilities and Services:** Social facilities and services relates to infrastructure and programs that support community development and health

Source: People, Place Future: Draft Community Engagement Report, 2021 p11-12

The 'Community Engagement Report' presents 'Liveability Priorities' which bring these two datasets together. This allows us to see how the things people care about are performing. This can help focus our efforts on where we can have the most impact.

This report places a health and wellbeing lens on 'Liveability priorities' analysis in the 'Community Engagement Report' report. Twenty three of the 50 place attributes have been identified as being of most relevance to explore under a health and wellbeing lens to better understand the lifestyle and social and community network elements of health as well as access to services. These are:

Theme 1 Character
1. Spaces suitable for specific activities or special interests (entertainment, exercise, dog park, BBQs etc.)

Theme 2 Community
2. Neighbourhood spirit/resilience (from external impacts, storms, economic downturns etc.)
3. Welcoming to all people
4. Evidence of community activity (volunteering, gardening, art, community-organised events etc.)
5. Sense of belonging in the community
6. Local community groups and organisations
7. Sense of connection to/feeling support from neighbours or community

Theme 3 Economy
8. Things to do in the evening (bars, dining, cinema, live music etc.)
9. Access to neighbourhood amenities (cafes, shops, health and wellness services etc.)
10. Locally owned and operated businesses

Theme 4 Environmental Sustainability
11. Sustainable behaviors in the community

Theme 5 Housing and Development
All determinants of health

Theme 6 Management and Safety
12. Sense of neighbourhood safety (from crime, traffic, pollution etc.)
13. Sense of personal safety (for all ages, genders, day or night)
14. General condition of public open space (street trees, footpaths, parks etc.)

Theme 7 Movement
15. Access and safety of walking, cycling and/or public transport (signage, paths, lighting etc.)
16. Walking/jogging/bike paths that connect housing to communal amenity (shops, parks, etc.)

Theme 8 Open Space
17. Amount of public space (footpaths, verges, parks etc.)
18. Quality of public space (footpaths, verges, parks etc.)
19. Spaces for group or community activities and/or gatherings (sports, picnics, performances etc.)
20. Spaces suitable for play (from toddlers to teens)

Theme 9 Social facilities and Services
21. Family and community services (aged, disability and home care, protection and support services etc.)
22. Child services (child-care, early learning, after school care, medical etc.)
23. Access to shared community and commercial assets (library, bike/car share, sport facilities/gyms etc.)

To explore these further the 'Liveability priorities' will be included within the town and district profiles in the next section - identifying the attributes Council should and should not invest in from a health and wellbeing perspective in each town or district – how are the things people care about performing? Note that 'invest' does not just mean financial, it 'could be Council or a partner directing attention to a particular attribute'.

Each geographic area will include a table summarising the liveability priorities to **Retain and Protect**: 'Protect' and those identified as an **Investment Priority** 'Medium priority' or 'High priority'

based on the definitions in the excerpt below from the 'Community Engagement Report'. Low priorities are not included here but are identified in the 'Community Engagement Report' by town and district.

Focus and investment priorities by theme

The following section considers the nine themes of character, community, economy, environmental sustainability, housing and development, management and safety, movement, open space, social services and facilities, and explores where the level of priority and focus should be given to improve each aspect of liveability in the various neighbourhoods within the Shire by location and theme.

It is worth noting that the use of the word 'investment' here does not necessarily denote a financial investment and could include a range of ways Council and partners may direct attention to a particular attribute.

Retain and Protect

PROTECT

These attributes currently contribute most to the liveability of our neighbourhoods. *These attributes have a high Care Factor Ranking CF (valued by the most people in our community) and have a high PX Score (meaning they are performing well).* These attributes should be protected.

CF Rank /50	PX Score
Rank 1-15	≥70

Investment Priority

HIGH

Investing in these attributes will contribute the most to improve the liveability of our neighbourhoods. *These attributes have a high Care Factor Ranking CF (valued by the most people in our community) and have a low PX Score (meaning they are NOT performing well).*

CF Rank /50	PX Score
Rank 1-15	<70

MEDIUM

Investing in these attributes will contribute to improve the liveability of our neighbourhoods. *These attributes are generally in the top half of the Care Factor Ranking CF and have a low PX Score (meaning they are NOT performing well).*

CF Rank /50	PX Score
Rank 16-30	<70

LOW

Investing in these attributes will slightly contribute to improve the liveability of our neighbourhoods. *These attributes are generally in the bottom half of the Care Factor Ranking CF and have a low PX Score (meaning they are NOT performing well).*

CF Rank /50	PX Score
Rank 31-50	<70

NO

No additional investment is needed for these attributes as they are currently over-performing. *These attributes generally have a low Care Factor Ranking CF (selected by the least number of people in our community) and have high PX Score (meaning they are performing well).*

CF Rank /50	PX Score
Rank 16-50	≥70

P |17

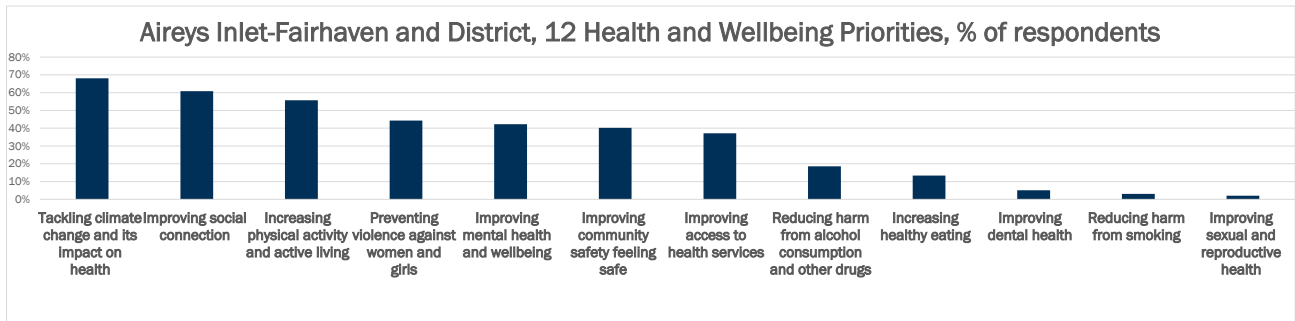*Source: Community People Place Future Community Engagement Report, March 2021 p17*

9. Towns and District snapshots

Liveability priorities key points

- The summaries of community liveability priorities by township or district highlight many health and wellbeing strengths in 6 areas (Aireys Inlet-Fairhaven and District, Anglesea, Jan-Juc-Bellbrae-Bells Beach, Lorne, Torquay, Torquay North) with between 8 and 10 attributes identified to protect and only 2-5 attributes as medium or high priorities.

- This contrasts with Moriac and District and Winchelsea identifiying 15 health and wellbeing attributes as either medium or high priority and a low number of attributes to protect (3 in Moriac and District and 2 in Winchelsea). In Deans Marsh and District, the number of medium and high priorities combined was similar to the number to protect.

- 7 areas identified the liveability attribute 'Sustainable behaviours in the community' as a high priority, Lorne as a medium priority and in Anglesea something to protect. This aligns with potential action under 'Tackling Climate change and its impact on health', the 2nd ranked community health and wellbeing priority with key themes around reducing carbon emissions, sustainable transport, recycling and sustainable food.

- Access to shared community and commercial assets (e.g. library, bike/car share, sport facilities/gyms etc.) was a high priority for 4 areas (Anglesea, Deans Marsh and District, Jan-Juc-Bellbrae-Bells Beach, Torquay North) and a medium priority for 4 areas (Aireys Inlet-Fairhaven and District, Lorne, Moriac and District and Winchelsea) while Torquay seeks to protect this. More and improved community infrastructure with access for all for community groups, sport and social activities and events was a key way respondents identified Council could contribute to 'Increasing physical activity and active living' (1st ranked) and 'Improving social connection' (3rd).

- 'Family and community services' was identified by 5 areas (Anglesea, Deans Marsh and District, Jan-Juc-Bellbrae-Bells Beach, Moriac and District and Torquay) as a medium priority liveability attribute, and for Winchelsea as a high priority. Service provision was identified by respondents as a key way Council could contribute to a number of health and wellbeing priorities including 'Improving mental health', 'Preventing violence against women and girls', 'Reducing harm from alcohol consumption and other drugs' and 'Improving access to health services'.

- The liveability attributes 'amount of public space' and 'quality of public space' was identified by Deans Marsh and District as a medium priority. and Winchelsea and Moriac and District as a high priority. One way the community identified for Council to deliver on it's no.1 ranked health and wellbeing priority 'Increasing physical activity and active living' was to increase access and use of open space for physical activity. Most other areas identified these as something to protect.
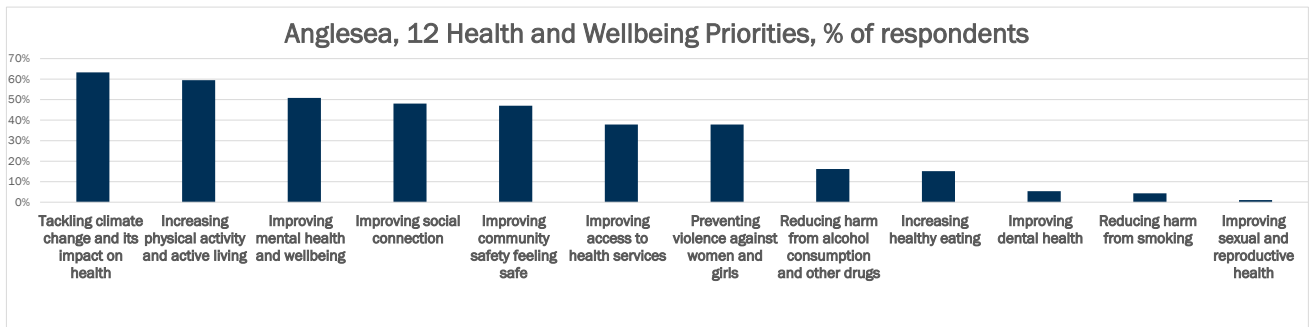
Aireys Inlet - Fairhaven and District

Top 3 Health and Wellbeing Priorities, Aireys Inlet - Fairhaven and District, by demographics								
		All	Females	Males	Under 25	25-44	45-64	65 and over
Aireys Inlet - Fairhaven and District n=97	1	Tackling climate change and its impact on health	Tackling climate change and its impact on health	Tackling climate change and its impact on health	n=2	n=6	Tackling climate change and its impact on health	Tackling climate change and its impact on health
	2	Improving social connection	Improving social connection	Increasing physical activity and active living			Improving social connection	Improving social connection
	3	Increasing physical activity and active living	Increasing physical activity and active living	Improving social connection			Increasing physical activity and active living	Increasing physical activity and active living

Aireys Inlet-Fairhaven and District, 12 Health and Wellbeing Priorities, % of respondents

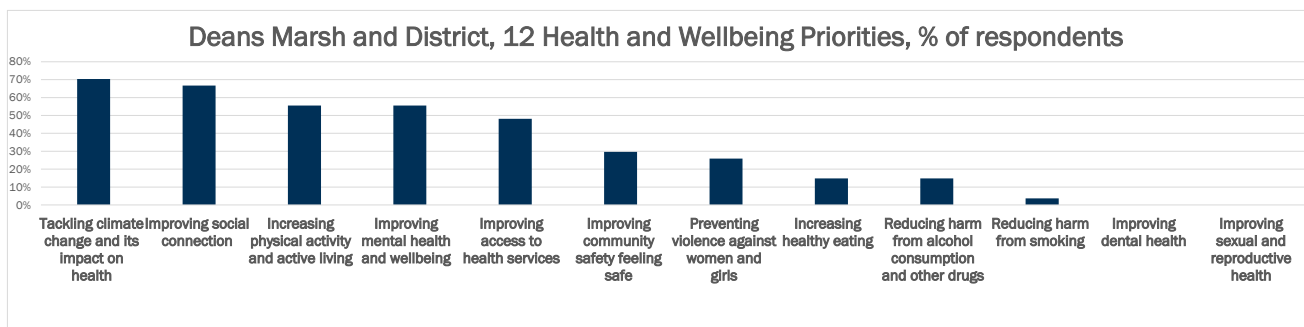| Liveability priorities Aireys Inlet- Fairhaven and District	
Protect	• Neighbourhood spirit/resilience • Welcoming to all people • Evidence of community activity • Access to neighbourhood amenities • Sense of neighbourhood safety • Walking/jogging/bike paths that connect housing to communal amenity • General condition of public open space • Amount of public space • Quality of public space
Medium priority	• Access to shared community and commercial assets
High priority	• Sustainable behaviors in the community

Anglesea

Top 3 Health and Wellbeing Priorities, Anglesea, by demographics								
		All	Females	Males	Under 25	25-44	45-64	65 and over
Anglesea n=185	1	Tackling climate change and its impact on health	Tackling climate change and its impact on health	Increasing physical activity and active living	n=2	Improving mental health and wellbeing	Tackling climate change and its impact on health	Tackling climate change and its impact on health
	2	Increasing physical activity and active living	Improving mental health and wellbeing	Tackling climate change and its impact on health		Tackling climate change and its impact on health	Equal 2nd: • Improving mental health and wellbeing • Improving social connection, • Improving community safety feeling safe	Increasing physical activity and active living
	3	Improving mental health and wellbeing	Equal 3rd: • Increasing physical activity and active living • Improving social connection	Improving community safety, feeling safe		Increasing physical activity and active living		Improving community safety feeling safe

Anglesea, 12 Health and Wellbeing Priorities, % of respondents

Liveability priorities Anglesea	
Protect	• Neighbourhood spirit/resilience • Evidence of community activity • Sense of belonging in the community • Local community groups and organisations • Sustainable behaviors in the community • Sense of neighbourhood safety • Access and safety of walking, cycling and/or public transport • Walking/jogging/bike paths that connect housing to communal amenity • General condition of public open space • Amount of public space • Quality of public space
Medium priority	• Family and community services
High priority	• Access to shared community and commercial assets

Deans Marsh and District

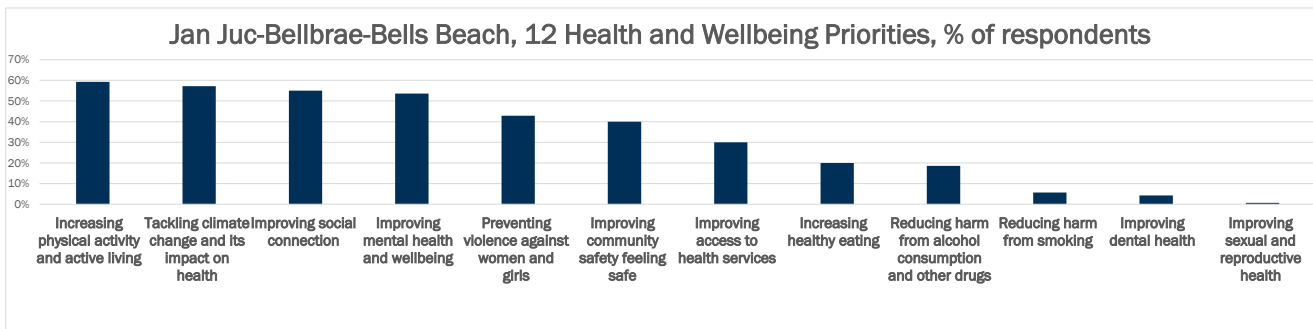| Top 3 Health and Wellbeing Priorities, Deans Marsh, by demographics								
		All	Females	Males	Under 25	25-44	45-64	65 and over
Deans Marsh and District n=27	1	Tackling climate change and its impact on health	Tackling climate change and its impact on health	n=7	n=0	n=3	Tackling climate change and its impact on health	n=6
	2	Improving social connection	Improving social connection				Improving social connection	
	3	Equal 3rd • Increasing physical activity and active living • Improving mental health and wellbeing	Equal 3rd • Increasing physical activity and active living • Improving mental health and wellbeing				Improving mental health and wellbeing	

Deans Marsh and District, 12 Health and Wellbeing Priorities, % of respondents

Liveability priorities Deans Marsh and District	
Protect	• Neighbourhood spirit/resilience • Welcoming to all people • Evidence of community activity • Sense of belonging in the community • Sense of connection to/feeling support from neighbours or community • Local community groups and organisations • Locally owned and operated businesses • Sense of neighbourhood safety • General condition of public open space • Spaces for group or community activities and/or gatherings
Medium priority	• Access to neighbourhood amenities • Access and safety of walking, cycling and/or public transport • Amount of public space • Quality of public space • Family and community services
High priority	• Sustainable behaviors in the community • Walking/jogging/bike paths that connect housing to communal amenity • Access to shared community and commercial assets

Jan Juc - Bellbrae - Bells Beach

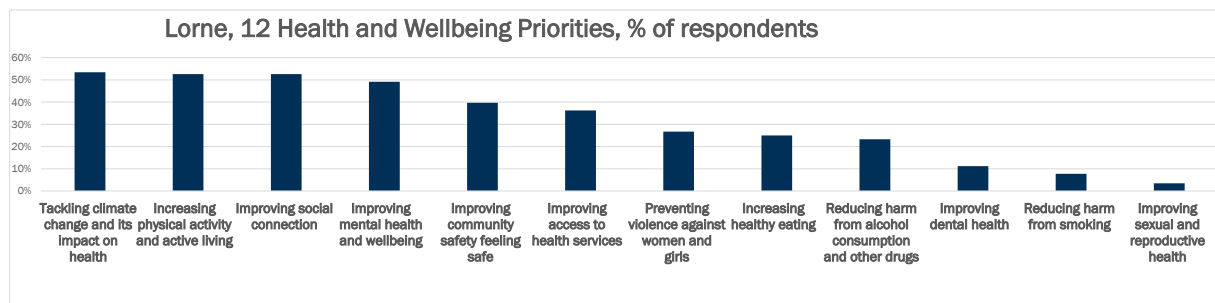| Top 3 Health and Wellbeing Priorities, Jan Juc - Bellbrae - Bells Beach, by demographics								
		All	Females	Males	Under 25	25-44	45-64	65 and over
Jan Juc - Bellbrae - Bells Beach n=140	1	Increasing physical activity and active living	Improving social connection	Tackling climate change and its impact on health	n=7	Improving mental health and wellbeing	Increasing physical activity and active living	Increasing physical activity and active living
	2	Tackling climate change and its impact on health	Increasing physical activity and active living	Increasing physical activity and active living		Improving social connection	Equal 2nd: • Improving social connection • Tackling climate change and its impact on health	Equal 2nd: • Tackling climate change and its impact on health • Improving mental health and wellbeing
	3	Improving social connection	Improving mental health and wellbeing	Preventing violence against women and girls		Tackling climate change and its impact on health		

Jan Juc-Bellbrae-Bells Beach, 12 Health and Wellbeing Priorities, % of respondents

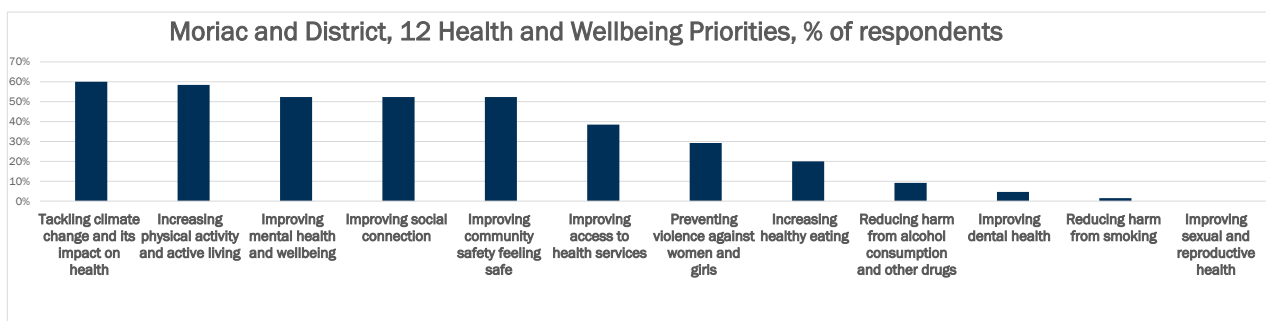| Liveability priorities Jan Juc-Bellbrae-Bells Beach	
Protect	• Welcoming to all people • Evidence of community activity • Sense of personal safety • Sense of neighbourhood safety • Access and safety of walking, cycling and/or public transport • General condition of public open space • Amount of public space • Quality of public space • Spaces for group or community activities and/or gatherings
Medium priority	• Things to do in the evening • Family and community services
High priority	• Sustainable behaviors in the community • Access to shared community and commercial assets

Lorne

Top 3 Health and Wellbeing Priorities, Aireys Inlet - Fairhaven and District, by demographics								
		All	Females	Males	Under 25	25-44	45-64	65 and over
Lorne n=116	1	Equal 1st: • Tackling climate change and its impact on health • Increasing	Tackling climate change and its impact on health	Improving social connection	n=0	Improving social connection	Improving social connection	Tackling climate change and its impact on health
	2	physical activity and active living • Improving social connection	Improving mental health and wellbeing	Increasing physical activity and active living		Improving mental health and wellbeing	Equal 2nd: • Increasing physical activity and active living • Improving mental health and wellbeing	Increasing physical activity and active living
	3		Improving social connection	Improving community safety, feeling safe		Improving access to health services		Improving mental health and wellbeing

Lorne, 12 Health and Wellbeing Priorities, % of respondents

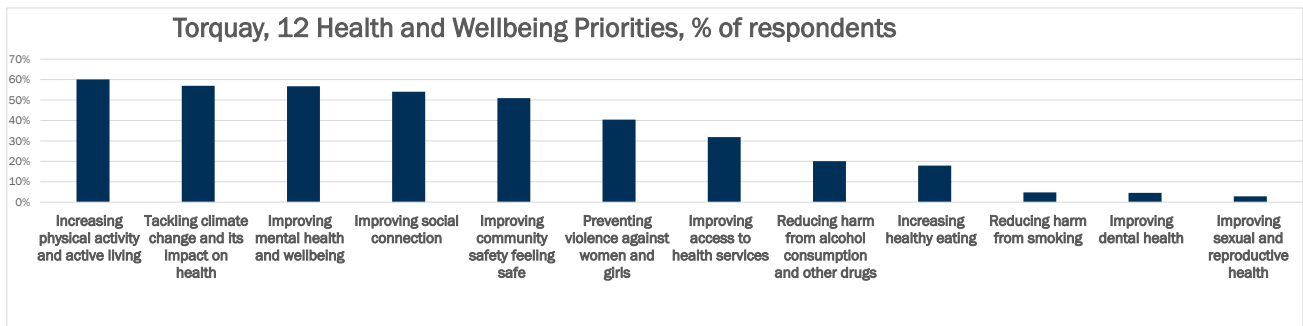| Liveability priorities Lorne	
Protect	• Neighbourhood spirit/resilience • Sense of belonging in the community • Access to neighbourhood amenities • Sense of neighbourhood safety • Access and safety of walking, cycling and/or public transport • Walking/jogging/bike paths that connect housing to communal amenity • General condition of public open space • Quality of public space
Medium priority	• Sustainable behaviors in the community • Access to shared community and commercial assets
High priority	

Moriac and District

Top 3 Health and Wellbeing Priorities, Moriac and District, by demographics								
		All	Females	Males	Under 25	25-44	45-64	65 and over
Moriac and District n=65	1	Tackling climate change and its impact on health	Improving mental health and wellbeing	Increasing physical activity and active living	n=2	Tackling climate change and its impact on health	Increasing physical activity and active living	Tackling climate change and its impact on health
	2	Increasing physical activity and active living	Tackling climate change and its impact on health	Equal 2nd: • Tackling climate change and its impact on health • Improving community safety feeling safe		Equal 2nd: • Increasing physical activity and active living • Improving mental health and wellbeing • Improving social connection	Equal 2nd: • Improving mental health and wellbeing • Improving community safety, feeling safe	Improving social connection
	3	Equal 3rd: • Improving mental health and wellbeing • Improving social connection • Improving community safety, feeling safe	Equal 3rd: • Increasing physical activity and active living • Improving social connection					Equal 3rd: • Improving mental health and wellbeing • Improving community safety feeling safe

Moriac and District, 12 Health and Wellbeing Priorities, % of respondents

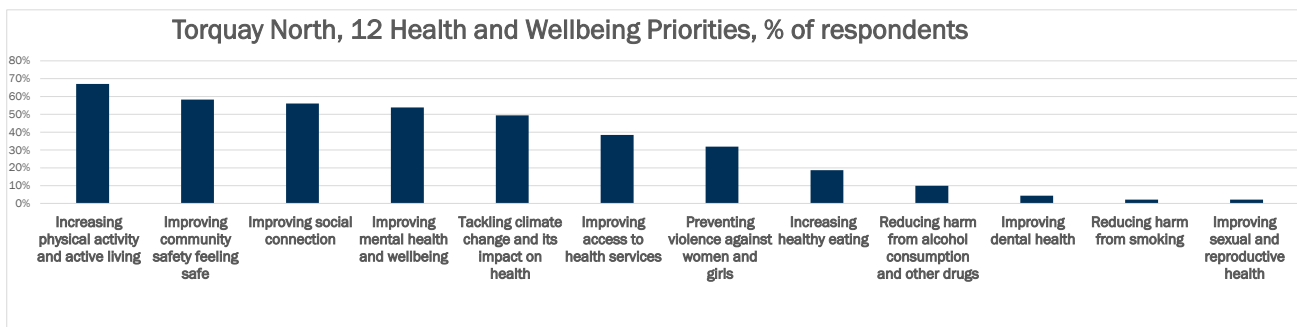| Liveability priorities Moriac and District	
Protect	• Neighbourhood spirit/resilience • Sense of personal safety • Sense of neighbourhood safety
Medium priority	• Local community groups and organisations • Access to neighbourhood amenities • Locally owned and operated businesses • Family and community services • Access to shared community and commercial assets
High priority	• Spaces suitable for specific activities or special interests • Evidence of community activity • Sustainable behaviors in the community • Access and safety of walking, cycling and/or public transport • Walking/jogging/bike paths that connect housing to communal amenity • General condition of public open space • Amount of public space • Quality of public space • Spaces for group or community activities and/or gatherings

Torquay

Top 3 Health and Wellbeing Priorities, Torquay, by demographics								
		All	Females	Males	Under 25	25-44	45-64	65 and over
Torquay n=418	1	Increasing physical activity and active living	Tackling climate change and its impact on health	Increasing physical activity and active living	Equal 1st: • Increasing physical activity and active living	Increasing physical activity and active living	Improving social connection	Improving community safety, feeling safe
	2	Equal 2nd: • Tackling climate change and its impact on health • Improving mental	Improving mental health and wellbeing	Improving social connection	• Improving mental health and wellbeing • Improving social	Improving mental health and wellbeing	Tackling climate change and its impact on health	Increasing physical activity and active living
	3	health and wellbeing	Increasing physical activity and active living	Improving community safety, feeling safe	connection	Tackling climate change and its impact on health	Increasing physical activity and active living	Improving social connection

Torquay, 12 Health and Wellbeing Priorities, % of respondents

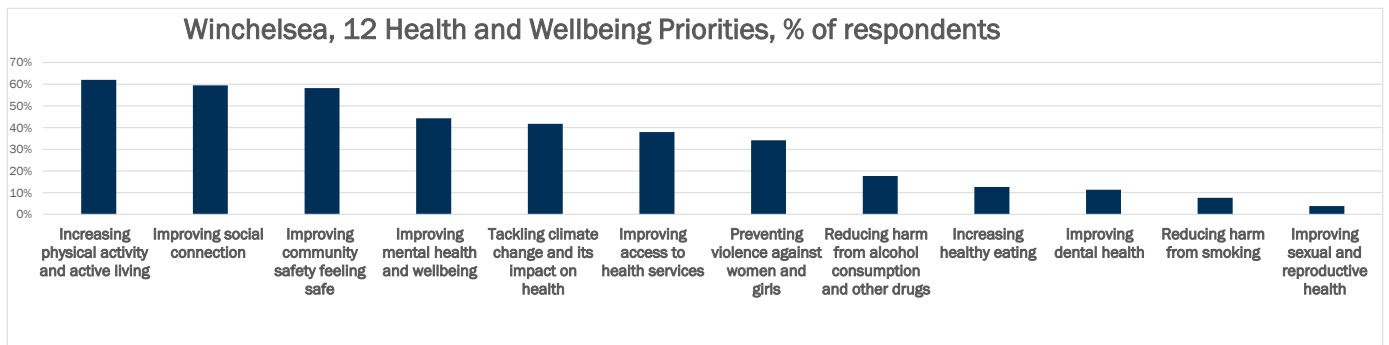| Liveability priorities Torquay	
Protect	• Locally owned and operated businesses • Sense of neighbourhood safety • Access and safety of walking, cycling and/or public transport • Walking/jogging/bike paths that connect housing to communal amenity • General condition of public open space • Amount of public space • Quality of public space • Access to shared community and commercial assets
Medium priority	• Things to do in the evening • Family and community services
High priority	• Sustainable behaviors in the community

Torquay North

		All	Females	Males	Under 25	25-44	45-64	65 and over
		Top 3 Health and Wellbeing Priorities, Torquay North, by demographics						
Torquay North n=91	1	Increasing physical activity and active living	Increasing physical activity and active living	Increasing physical activity and active living	n=3	Increasing physical activity and active living	Improving social connection	Increasing physical activity and active living
	2	Improving community safety, feeling safe	Improving mental health and wellbeing	Improving community safety, feeling safe		Improving community safety, feeling safe	Equal 2nd: • Improving mental health and wellbeing • Increasing physical activity and active living	Equal 2nd: • Improving mental health and wellbeing • Improving community safety feeling safe
	3	Improving social connection	Improving community safety, feeling safe	Improving social connection		Improving social connection		

Torquay North, 12 Health and Wellbeing Priorities, % of respondents

Liveability priorities Torquay North	
Protect	• Spaces suitable for specific activities or special interests • Sense of belonging in the community • Locally owned and operated businesses • Sense of personal safety • Sense of neighbourhood safety • Walking/jogging/bike paths that connect housing to communal amenity • General condition of public open space • Amount of public space • Quality of public space
Medium priority	• Welcoming to all people • Access and safety of walking, cycling and/or public transport • Spaces suitable for play
High priority	• Things to do in the evening • Sustainable behaviors in the community • Access to shared community and commercial assets

Winchelsea

Top 3 Health and Wellbeing Priorities, Winchelsea, by demographics								
		All	Females	Males	Under 25	25-44	45-64	65 and over
Winchelsea n=79	1	Increasing physical activity and active living	Equal 1st: • Improving social connection • Improving community safety, feeling safe	Increasing physical activity and active living	n=3	Increasing physical activity and active living	Improving social connection	Increasing physical activity and active living
	2	Improving social connection	Increasing physical activity and active living	Improving social connection		Improving community safety, feeling safe	Improving mental health and wellbeing	Improving community safety, feeling safe
	3	Improving community safety, feeling safe	Improving mental health and wellbeing	Improving community safety, feeling safe		Improving social connection	Tackling climate change and its impact on health	Improving social connection

Winchelsea, 12 Health and Wellbeing Priorities, % of respondents

Liveability priorities Winchelsea	
Protect	• Neighbourhood spirit/resilience • Locally owned and operated businesses
Medium priority	• Spaces suitable for specific activities or special interests • Access to neighbourhood amenities • Access and safety of walking, cycling and/or public transport • Access to shared community and commercial assets
High priority	• Evidence of community activity • Sustainable behaviors in the community • Sense of neighbourhood safety • Walking/jogging/bike paths that connect housing to communal amenity • General condition of public open space • Amount of public space • Quality of public space • Spaces for group or community activities and/or gatherings • Family and community services

10. Conclusion

A deeper dive with a health and Wellbeing lens has been completed into the People Place Future engagement survey responses. This has provided a greater understanding of the community's views in relation to health and wellbeing than is currently available and documented in the 'Community Engagement Report'.

The People Place Future Survey has been effective in reaching a large number of Surf Coast community members. The responses to the health and wellbeing questions, indicates their interest participating in conversations about health and wellbeing priorities.

The survey has captured the demographics of the respondents, the priorities of most importance to them, their views and experience and details of what Council can do to contribute to delivering on the health and wellbeing priorities. While there is a general consensus around the top 5 priorities, views by town and district, gender, age and other cohorts revealed a few local variations. Specific ideas for action have been captured across all priorities.

This analysis also revealed the potential contribution health and wellbeing priorities could make to the sort of community the respondents value and want to live in, and their long term vision for the Shire.

This deeper understanding and detailed information will inform the Surf Coast Shire's Municipal Public Health and Wellbeing Plan (incorporated into the Council Plan) and coinciding action plans.