

Fitness Timetable



	Mon	Tue	Wed	Thur	Fri
9:20am	Powerbar	Power Pilates	Strength Interval	Cardio HIIT	Powerbar
10:20am		Fit Forever Pilates		Fit Forever Aerobics	

Note : class timetable is subject to change

Casual Price List

Casual per visit	\$16.50
10 Pass Casual Card	\$144
20 Pass Casual Card	\$272

Casual (Concession) Price List

Casual (Concession)	\$14
10 Pass Casual Card (Concession)	\$126
20 Pass Casual Card (Concession)	\$238

Term Memberships

6 Months	\$431
12 Months	\$644



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FITNESS

Contact the team at:

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