

GEELONG • THE BELLARINE • SURF COAST

GREAT OCEAN RIDES



GREAT OCEAN RIDES

WELCOME TO OUR REGION'S OFFICIAL ROAD CYCLING GUIDE






Geelong and the Great Ocean Road offers some of Australia's finest cycling, with world-famous coastal scenery and an ever changing hinterland providing great opportunities for all levels of cyclists, from families to seasoned professionals.

Cycling is one of the best ways to enjoy the Geelong and Great Ocean Road region and this guide will help with planning your trip. There are 10 rides with





descriptions, distances, degree of difficulty and identification of hazards. Rides vary, from an easy 34km to more than 230km. All rides have easy access to great coffee, comfortable accommodation and excellent restaurants.

Another way to safely experience cycling in our region is to participate in one or more of our cycling events. Come for a day or even better, a weekend away!




QUICK REFERENCE

-  Start/Finish
-  Cafés
-  Highlights
-  Visitor Information Centre
-  Roundabouts




Climb rating:

-  Easy
-  Medium
-  Challenging
-  Hard

Road Safety Levels:

-  Relatively safe: reasonable riding conditions
-  Moderately safe: some shoulders or quieter roads
-  Caution: take extra care, no shoulders, busy roads

Tour options and paths:

-  Shortened tour option
-  Extra tour option
-  2-way sealed bike path

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SAFE RIDING TIPS

ENJOY THE RIDE, BUT TAKE CARE

BEST TIMES TO RIDE

The safest riding conditions in the region are early morning. Try and avoid peak traffic times during the week and from midday on weekends and public holidays. Plan your trips and avoid riding in extreme heat or wet conditions. Coastal roads are naturally busy at peak summer times. Some of the best riding on our roads is in autumn, spring and on mild winter days.

RIDE SENSIBLY TOGETHER

Legally you may ride two abreast but when traffic is congested or on undulating roads, with solid white lines at bends or hills, it can be safer and more courteous to ride single file.

TAKE EXTRA CARE AT ROUNDBABOUTS AND INTERSECTIONS

Make eye contact with drivers before proceeding through the intersection. Also at roundabouts sit up, clearly indicate your intentions and occupy the lane where possible.

STAY LEFT AND ALERT

Concentrate and anticipate. Keep a lookout for obstacles, debris, potholes and traffic conditions. Try and keep to the left as much as practical and stay within the bike lanes with your handlebars within the white line.

BE PREPARED

Have plenty of spares with you and if repairs are needed, stay well off the road and find a secure spot well away from the traffic.

LOOK OUT WATCH FOR THE SIGNS

WHAT TO LOOK FOR WHEN RIDING OUR ROADS

WAYFINDING

The City of Greater Geelong, in partnership with the Department of Transport, has developed a range of “wayfinding” signage to provide directional guidance for cyclists.

Wayfinding signage benefits recreational, training and commuter cyclists, as well as visitors to the City by directing cyclists on safe routes to key destinations.



CYCLIST TRAINING ROUTE SIGNAGE*

Cycling training routes are often on rural roads with high speed traffic.

Cyclist Training Route Signage is installed on some training routes as a reminder for motorists to be alert for cyclists.



* Cycling training route signs are not in all areas, and cyclists should be alert of motorists.

NORTH GEELONG BAY TOUR

EASY

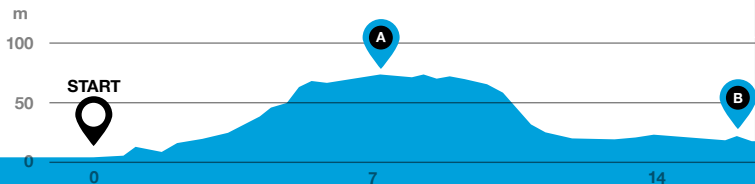
LENGTH **34.4km**


TOTAL GAIN **136.9m**

MAX ELEVATION **75.6m**



Waterfront Geelong



 2-way sealed bike path



BARRABOOL HILLS TOUR

CHALLENGING

LENGTH 72.8km

TOTAL GAIN 654.3m

MAX ELEVATION 176.2m

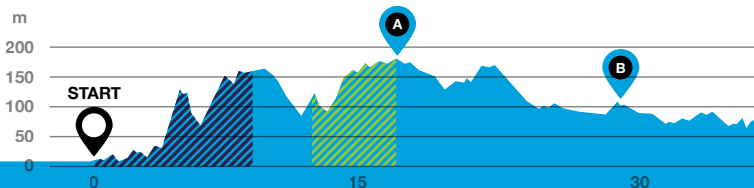


Wandana Heights

CLIMB DETAILS

RATING	START / END POINTS	LENGTH	START / END ELEVATION	AVG GRADE
Easy	0.1km / 8.7km	8.6km	7.3m / 162.2m	1.8%
Medium	11.8km / 16.2km	4.4km	94.2m / 172.8m	1.8%

The Barrabool Hills Tour provides a challenging ride through the Barrabool Hills with breathtaking views across Geelong.





TOUR DE BELLARINE

MEDIUM

LENGTH **104.5km**

TOTAL GAIN **524.3m**

MAX ELEVATION **98.7m**

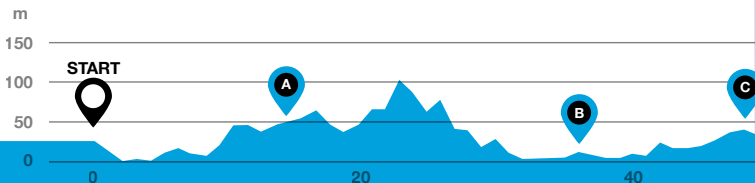


From Geelong this scenic ride loops around the stunning Bellarine Peninsula.



Queenscliff

The Bellarine has all the ingredients for a memorable ride including historic seaside villages, beautiful beaches, waterfront roads and postcard perfect wineries.





60

80

105 km

BELLARINE BAY TOUR

MEDIUM

LENGTH 80.9km

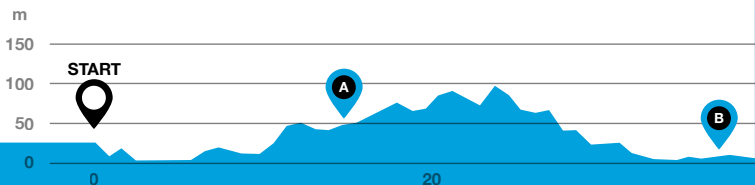
TOTAL GAIN 448.7m

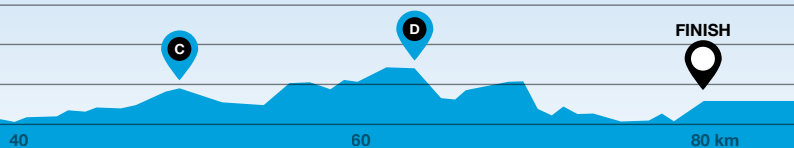
MAX ELEVATION 98.8m



Clifton Springs

This course provides a loop between Geelong and Swan Bay whilst incorporating beautiful scenery, vineyards, rural views and bay beaches of The Bellarine.





BARWON HEADS TOUR

EASY

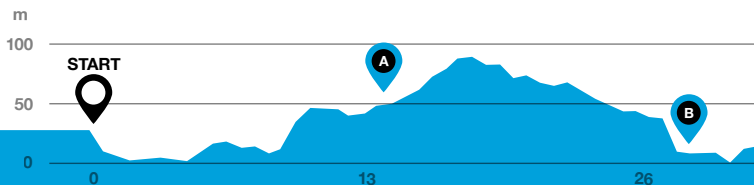
LENGTH **63.9km**

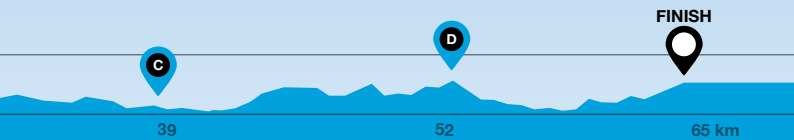
TOTAL GAIN **251.2m**

MAX ELEVATION **90.5m**



13th Beach





TORQUAY TO LORNE TOUR

CHALLENGING

LENGTH **135.2km**

TOTAL GAIN **1,518.2m**

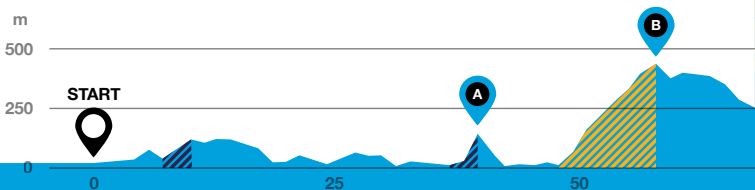
MAX ELEVATION **443.5m**

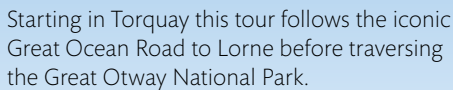


Great Ocean Road

CLIMB DETAILS

RATING	START / END POINTS	LENGTH	START / END ELEVATION	AVG GRADE
Easy	7.4km / 10.2km	2.8km	23.8m / 115.5m	3.3%
Easy	34.2km / 38.6km	4.4km	4.3m / 87.5m	1.9%
Hard	47.9km / 58.5km	10.6km	5.5m / 427.9m	4.0%
Easy	77.2km / 79.9km	2.7km	159.7m / 234.4m	2.8%





THE GREAT OCEAN ROAD TOUR

MEDIUM

LENGTH 144.7km

TOTAL GAIN 1,551.1m

MAX ELEVATION 118.9m

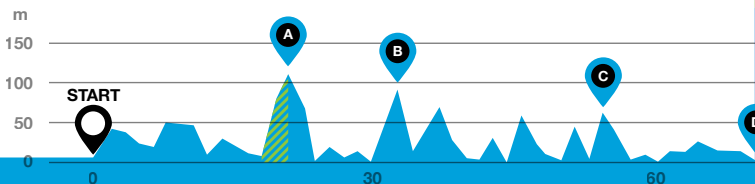


Wye River

CLIMB DETAILS

RATING	START / END POINTS	LENGTH	START / END ELEVATION	AVG GRADE
 Medium	17.5km / 20.0km	2.5km	5.8m / 85.0m	3.2%
 Easy	117.4km / 124.7km	7.3km	5.5m / 85.6m	1.1%

From Anglesea to Apollo Bay this popular cycling route takes you on one of Australia's most iconic roads - the Great Ocean Road.



LORNE TO APOLLO BAY OTWAYS TOUR

CHALLENGING

LENGTH 129.9km





TOTAL GAIN 2,036.4m

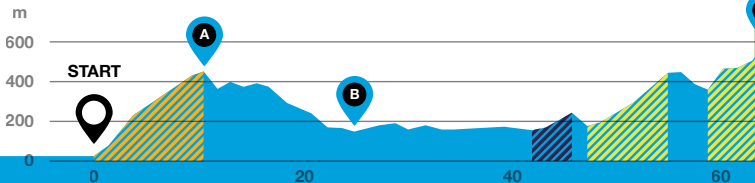
MAX ELEVATION 567.8m



Apollo Bay

CLIMB DETAILS

RATING	START / END POINTS	LENGTH	START / END ELEVATION	AVG GRADE
 Hard	0.3km / 10.7km	10.4km	8.8m / 427.6m	4.0%
 Easy	43.1km / 45.6km	2.5km	144.8m / 207.6m	2.5%
 Challenging	47.7km / 52.3km	7.5km	166.4m / 420.0m	3.4%
 Challenging	58.6km / 64.5km	5.9km	360.1m / 554.7m	3.3%





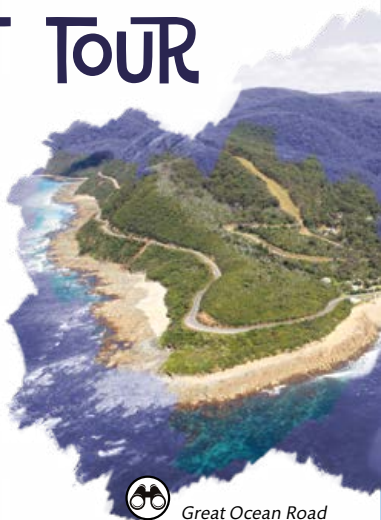
OTWAY RAINFORREST TOUR

CHALLENGING

LENGTH 103.2km





TOTAL GAIN 1,821.2m

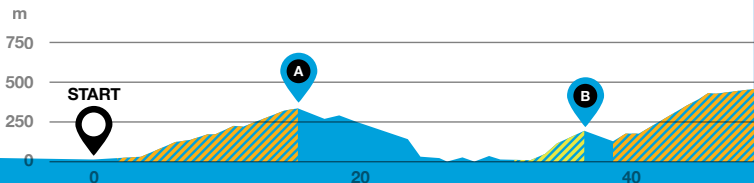
MAX ELEVATION 562.7m



Great Ocean Road

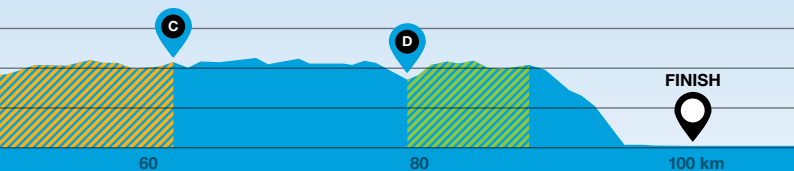
CLIMB DETAILS

RATING	START / END POINTS	LENGTH	START / END ELEVATION	AVG GRADE
 Hard	2.3km / 14.6km	12.3km	0.0m / 321.3m	2.6%
 Challenging	32.2km / 36.7km	4.5km	0.9m / 185.9m	4.1%
 Hard	38.6km / 56.5km	17.9km	132.9m / 537.4m	2.3%
 Medium	80.2km / 86.4km	6.1km	428.5m / 539.8m	1.8%





This challenging tour follows the Great Ocean Road from Apollo Bay to Lavers Hill before it traverses the Great Otway National Park.



GEELONG CRITERIUM TRACK

EASY

LENGTH	2.8km
TOTAL GAIN	0.0m
MAX ELEVATION	0.0m



The Geelong Criterium Track provides cyclists with the perfect venue for competition and training activities.

The 2.8km track is comprised of three smaller loops of various sizes, giving the facility and flexibility to cater for a wide range of competitions and activities.



MAJOR PUBLIC CYCLING EVENTS

CADEL EVANS GREAT OCEAN ROAD RACE

JANUARY

Thousands of people will join Australian icon, Cadel Evans, in his own backyard by getting involved in the People's Ride as part of the Cadel Evans Great Ocean Road Race.

Annually held on the last weekend of January, the 2017 People's Ride will be on Saturday 28 January, offering two

spectacular courses, **111km** and **65km**, following the roads of the UCI elite women's and UCI WorldTour elite men's races.

"This weekend event is a celebration of cycling where people are able to conquer their own challenge" – Cadel Evans.

For more information visit:
cadelevansgreatoceanroadrace.com.au



MAJOR PUBLIC CYCLING EVENTS

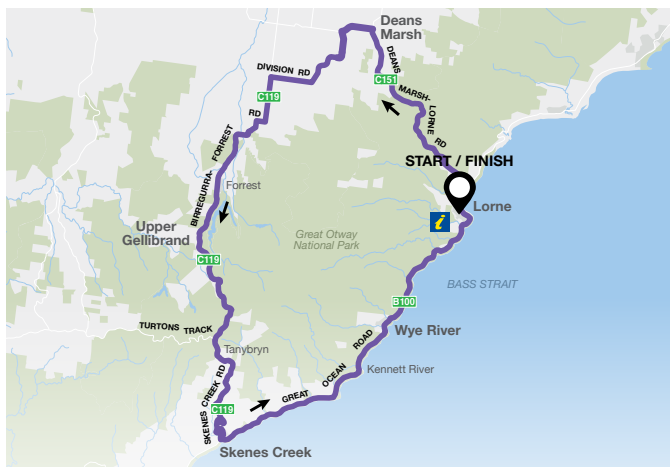
AMY'S GRAN FONDO

SEPTEMBER

Catering to cyclists of all abilities, the event is held on fully closed roads in one of the most picturesque destinations on the planet – the Great Ocean Road. With almost 6,000 riders taking part in 2016, the event has established itself as one of the most popular mass participation bike rides in the country.

The event is a UCI Gran Fondo World Series qualifier – the road to the rainbow jersey begins here. Held in Lorne, Victoria, the event includes a weekend of family-friendly activities that makes Amy's Gran Fondo not just an event, but an experience.

For more information visit:
amygranfondo.org.au



MAJOR PUBLIC CYCLING EVENTS

GREAT OCEAN & OTWAY CLASSIC

MARCH

One of Australia's premier and most spectacular rides.

The **145km** ride features over 90km of road closures through the picturesque farmlands of the Otway ranges to Lorne and then back along the famous Great Ocean Road to Torquay.

For those seeking further challenge the **145km** ride also

has an optional timed 12km Benwerrin Climb in the Otways.

Other ride distances on offer are **204km**, **60km** and 30km.

With so much to see and do in the Great Ocean Road region, Torquay is the perfect base for your stay.

For more information visit:

greatoceanotwayclassic.com.au



MAJOR PUBLIC CYCLING EVENTS

RIDE THE BELLARINE

APRIL

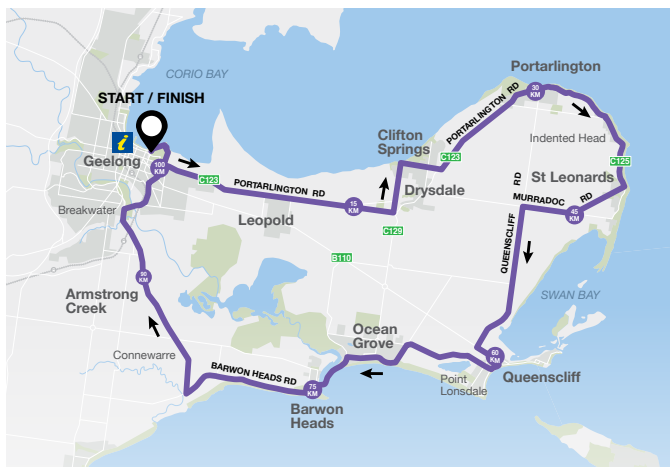
Taking in some of Victoria's most scenic roads as it circles the magnificent Bellarine Peninsula.

Two great courses of 60km and 105km, taking participants from Eastern Gardens in East Geelong, passing through the towns of Drysdale, Portarlington, St Leonards, Queenscliff, Ocean Grove, Barwon Heads,

Armstrong Creek and returning through Geelong to Eastern Gardens.

Ride the Bellarine is all about raising much needed funds for Rotary's world wide effort to "End Polio Now."

For more information visit:
ridethebellarine.com



GREAT OCEAN RIDES

ACKNOWLEDGEMENTS

WE WOULD LIKE TO THANK THE FOLLOWING ORGANISATIONS FOR THEIR SUPPORT IN DEVELOPING THIS PUBLICATION AND CYCLING IN OUR REGION.

- Bike Barwon
- BikeSafe
- VicRoads
- Bicycle Users Geelong
- Cycling Geelong
- Geelong Cycling Club



DISCLAIMER:

Each rider is responsible for their own health and safety and must take care of themselves and others when cycling. Cyclists should check their health with their medical advisors before undertaking vigorous or strenuous riding. There are risks in group riding and cyclists should only attempt this when they are experienced at riding in small groups. Inexperienced riders should tell the group and seek guidance. All listed routes include risks and riders must always take care according to the conditions that present on the road.

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franklane.com.au
Oct 2017

VISITOR INFORMATION CENTRES

Geelong & Great Ocean Road

BP Service Station
Princes Fwy, Little River
T. 1800 755 611

Geelong

National Wool Museum
Cnr Moorabool & Brougham Sts, Geelong
T. 1800 755 611

Bellarine

Flying Brick Cider Co
Bellarine Hwy, Wallington
T. 1800 755 611

Torquay

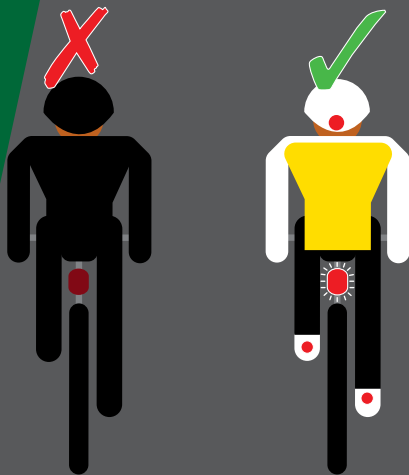
Surf City Plaza
Beach Rd, Torquay
T. 03 5261 4219

Lorne

15 Mountjoy Pde, Lorne
T. 03 5289 1152

START	RIDE	KM	PAGE
A	North Geelong Bay Tour	34.4	6
A	Barrabool Hills Tour	72.8	8
A	Tour de Bellarine	104.5	10
A	Bellarine Bay Tour	80.9	12
A	Barwon Heads Tour	63.9	14
B	Torquay to Lorne Tour	135.2	16
C	The Great Ocean Road Tour	144.7	18
D	Lorne to Apollo Bay Outways Tour	129.9	20
E	Otway Rainforest Tour	103.2	22
A	Geelong Criterium Track	2.8	24

Be safe, be seen



Be responsible

- Ride no more than two abreast, single file when traffic is busy or on hills and bends
- Keep to the left where possible
- Obey all traffic signs and lights
- Be seen. Wear bright clothes. Lights flashing and on all the time
- Take extra care at roundabouts, make eye contact
- Be vigilant, watch out for obstacles



BIKE SAFE

bikesafe.com.au