

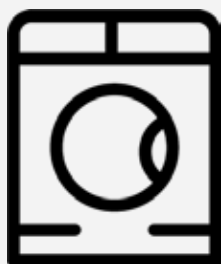
REUSABLE NAPPIES WASHING GUIDE



FLUSH, RINSE AND STORE

- Set up two open/airy baskets:
 1. Rinsed/wee only nappies and
 2. Pre-washed nappies
- Flush away poo and rinse / scrub with soft silicone brush (no rinse needed for wee-only nappies)
- Store in rinsed/wee-only basket - keep nappies as dry as possible until it is time to wash

**Note: It is NOT needed or recommended to soak nappies!*



**Note: Many regular liquid or powder detergents from super-markets are suitable to use*

WASH NAPPIES TWICE

1. Pre-Wash: Daily | 0.5 – 1 hour cycle @ 40-60°C

Items: nappies only

- Wash partial load – wash the nappies only from that day
- Use only 1/3 - 1/2 the recommended full load detergent amount
- Store in pre-washed nappies basket before the main wash

2. Main Wash: Every 2-3 days | 2.5 – 3 hour cycle @ 40-60°C

Items: pre-washed nappies plus kid's clothes and other small items

- Wash with full load – this helps clean the nappies
- Use the recommended full load detergent amount



DRY

- Outside on clothesline or inside on clothes airer or rack
- Only use a dryer for absorbent fabric inserts (not waterproof covers)

